

Today

SUMMER 2008

SPOTLIGHT ON:

New equipment for the Wellness Center!

During the week of May 19, 2008, the Ann Arbor YMCA will be installing new equipment on the Wellness Center floor. In an effort to reduce equipment down times and shorten maintenance intervals, we have decided to replace our treadmills. At the same time, we will be adding other new cardio equipment. Since the new equipment will look and function differently than our current equipment, please be sure to ask Wellness Center staff if you have questions about any of the machines.

The following is a list of our new cardio equipment:

- 14 Matrix Treadmills
 - 3 Matrix Recumbent Bikes
 - 4 Octane Ellipticals
 - 2 Matrix Accent Trainers
 - 3 Matrix Stairclimbers
 - 2 Stairmaster StepMills
 - 1 SCIFIT Arm Ergometer
 - 2 Concept II Rowing Ergometers
 - 14 Precor Ellipticals (arrived in March 2008)
- All Stairmasters, Precor Ellipticals, NuSteps, Arc Trainers, Spinning Bikes and all equipment on the strength training side of the floor will remain.



Strong Kids 2008 Update

Our warmest thanks to all the volunteers and donors who helped us raise over \$210,000. Strong Kids funds will be used to grow our Youth in Government program, teach kids to swim in our SPLASH program, enable kids to play in our youth sports leagues, and much more. Again, thank you!

Guest Policy

Starting June 1, 2008, all guests of Ann Arbor YMCA members must present a photo id and complete an emergency medical contact form upon entering the facility. Guests who are under age 18 will need to bring an emergency medical contact form, signed by a parent or guardian, before they can use the facility. Contact forms need to be updated on January 1 of each calendar year. Emergency medical contact forms are available at the YMCA front desk or on the "membership" page of our website.

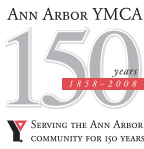
Our 2007 annual report is now available!

Visit www.annarborymca.org to download a pdf of the report.



Family Memberships Extended!

Starting June 1, family memberships can include adult children up to the age of 22, for an additional monthly fee of \$5.00. For more information, contact the membership desk.



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www.annarborymca.org

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Parents Night Out

Friday, May 30 6:15–10:00 p.m.
\$25 per child for members

Enjoy a night out! Kids get dinner and enjoy sports, games and swimming with our childcare staff. Spaces are limited. Pre-registration is required. Visit our membership desk for details.



SAVE THE DATE(s):

■ 2008 Summer Day Camps

Welcome to Ann Arbor YMCA summer day camps! This year we are excited to offer new specialty, sports and teen camps. We still have spaces available in a number of our camps. This summer try Flag Football Camp at the Ann Arbor YMCA. Also be sure to check out our new Counselor in Training program for teens age 15–17. Please visit www.annarborymca.org or stop in at the YMCA for camp information and registration.

■ After-Kindergarten/School-Age ChildCare 2008-2009 Registration starts May 16, 2008

Registration packets are available at the membership desk. Please call the ChildCare office at 661-8058 for more information about the program or for a list of specific schools from which transportation is provided.

■ Building maintenance

- The gym will be closed for floor resurfacing from May 23–26, re-opens on May 27
- Studios B and C will be closed for floor resurfacing May 24–26th, re-open on May 27
- The pool area will be (tentatively) closed for cleaning during the week of June 16th.
Please visit www.annarborymca.org for more details.

