



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **Ann Arbor YMCA Child Care Programs Health Policy**

In order to protect your child and other children, we have set up some guidelines on illnesses. If at anytime the staff feels that the child is too sick or contagious, the parent will be contacted, and the child will be sent home. It is your responsibility to have a friend, baby-sitter, or emergency contact person on call to keep your child in case you cannot bring them to the YMCA. It is unfair to the rest of the children and to the staff to expose them unnecessarily to illness.

Please keep your child at home if they have any of the following:

1. An **axillary (under the arm) temperature** over 99 degrees in the morning. Your child must be fever-free for 24 hours **without** medication before returning.
2. **Conjunctivitis**, an eye infection commonly referred to as "pinkeye". The eye is generally red with some burning and there is thick yellow drainage being secreted. Your child may return for care after medication has been administered for 48 hours and with a doctor's note.
3. **Bronchitis and/or Croup**. This can begin with hoarseness, cough and a slight elevation in temperature. The cough may be dry and painful, but it gradually may become productive. With Croup, there is a loud noise as the child breathes in and there may be increasing difficulty with breathing.
4. **Rash (es)** that have not been diagnosed by a physician. We urge you to have rashes diagnosed by a physician. If diagnosed as being due to an infection, we must have your physician's written assurance that the rash is no longer contagious before your child returns to the YMCA.
5. **Impetigo** of the skin. It shows up as pimples and eventually becomes small vesicles surrounded by a reddened area. When the blister breaks, the surface is raw and weeping. The lesions occur in moist areas of the body such as creases in the neck, groin, under arm, face, hands or edge of diaper. When your child may return is dependent upon the type of medication your physician has prescribed. A physician's note is also necessary for your child to return.
6. **Vomiting**
7. **Diarrhea**
8. **Severe cold with fever**, sneezing and nose drainage.
9. **If a child seems very ill without obvious signs**. There may be unusual paleness, irritability, tiredness or lack of interest.
10. **Contagious diseases**. A child must be kept at home and may return when all signs of new outbreaks have stopped.  
Measles-Red or German      Chicken Pox      MumpsRoseola
11. **Contagious diseases** where a child must be kept at home and may return after 48 hours after treatment.

In the event that illness prevents your child from attending the center, we ask that you please provide a phone call no later than 10 a.m. This will enable us to watch for similar symptoms in other children. All parents will be notified of infectious or communicable diseases diagnosed in children attending the center. If your child becomes ill while in the center's care, we will call you to come and pick up your child, or have you arrange for someone to pick them up. Children will be more comfortable in their own homes.