

	Saturday				
	Studio A	Studio B	Studio C	Studio D	Studio E
6:00 - 6:30					
6:30 - 7:00					
7:00 - 7:30					
7:30 - 8:00				Studio Cycling 5 (7:30 - 8:30) Ingrid	
8:00 - 8:30					
8:30 - 9:00			Zumba 5 (8:30 - 9:30) Karen		Aikido 2 Beginning (8:45 - 9:30)
9:00 - 9:30		Ballet 3 Pre-Ballet/ Beginning I (9:00 - 9:45)		Studio Cycling 6 (9:00 - 10:00) Ingrid	
9:30 - 10:00	Vinyasa Yoga 5 (9:30 - 10:30) Lindsay		Karate 2 All Levels Karate Club		Aikido 3 Intermediate
10:00 - 10:30		Dance 5 Hip Hop - Jazz (10:00 - 10:45)			
10:30 - 11:00				Body Core 2 (10:30 - 11:30) Jessica	Judo 2 Beginning
11:00 - 11:30	Yoga 14 Level 1-2 (11:00 - 12:30) Linda	Ballet 6 Beginning II (10:45 - 12:10)	Dance 18 Salsa Latin Mix (11:05-12:05)		
11:30 - 12:00					
12:00 - 12:30		Ballet 7 Adult Beginning (12:15 - 1:15)			Judo 4 Int/Adv
12:30 - 1:00					
1:00 - 1:30					
1:30 - 2:00		Conditioning for Runners March 5 1:15 - 2:15 Marie			Aikido 4 All Levels
2:00 - 2:30					
2:30 - 3:00					
3:00 - 3:30					
3:30 - 4:00					Jujutsu 2 All Levels
4:00 - 4:30		Fencing 1 Beginning 9- 12 (4:00 - 5:00)			
4:30 - 5:00					
5:00 - 5:30		Fencing 2 Beginning 12 + (5:00 - 6:00)			
5:30 - 6:00					
6:00 - 6:30		Fencing 3 Intermediate 12+ (6:00 - 7:00)			
6:30 - 7:00					
7:00 - 7:30					
7:30 - 8:00					
8:00 - 8:30					
8:30 - 9:00					
9:00 - 9:30					
9:30 - 10:00					