

## Fitness, Yoga and Dance Make Ups

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### Mon, 12-19

Punk Rope	12:15-1:00pm	Jen	Studio B
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### Tues, 12-20

Adv. Studio Cycling 1	6:00-7:30am	Dave	Studio D
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### Wed, 12-21

Group Strength Workout	9:15-10:15am	Mary Beth	Studio D
Gentle Yoga	2:45-3:45pm	Toni	Studio A
Vinyasa Yoga	6:45-7:45pm	Amy	Studio A

### Fri, 12-23

Iyengar Yoga, Level 1-2	10:00-11:30am	Liz	Studio A
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### Sat, 1-7

Adult Ballet II	10:45-12:00pm		Studio B
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