

WHY THE Y?



ANN ARBOR YMCA | **SERVING WASHTENAW AND LIVINGSTON COUNTIES**

THE ANN ARBOR YMCA is a diverse association of men, women and children of all ages joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

We believe that lasting personal and social change can only come about when we all work to invest in our kids, our health and our neighbors. That's why strengthening community is our cause.

Every day we work side by side with neighbors across Washtenaw and Livingston counties, providing programs and services for all people who desire to participate, regardless of their financial situation. To do this we count on the generosity of our members and partners to keep our doors open through the Annual Campaign.

MISSION

Our mission is to put Judeo-Christian principles into practice through programs that build a healthy spirit, mind and body for all.



FOR YOUTH DEVELOPMENT

All kids deserve the opportunity to discover who they are and what they can achieve.

Nurturing
the potential
of every child
and teen

CHILD CARE

Offering a safe, nurturing environment for children to learn, grow and develop social skills.

- Child Watch
- Early Child Care program
- Before and after school programs
- Kids' Night Out
- After school care through YCS
- Out-of-school time and snow day coverage

CAMP

Fostering a nurturing, safe community for young people to explore the outdoors, build self-esteem and independence while developing lasting friendships and memories.

- Camp Al-Gon-Quian (overnight)
- Camp Birkett (day)
- In-building and specialty camps
- Ypsilanti camps
- Seasonal school break camps

SWIM, SPORTS AND PLAY

Providing positive and fun activities that build athletic, social and interpersonal skills.

- Sports leagues
- Swim team and lessons
- Synchronized swim team and club
- Martial arts
- Gymnastics team and lessons
- Dance, fencing and yoga classes
- Drop-in basketball and open gym time

EDUCATION AND LEADERSHIP

Helping youth develop and realize their potential through programs that provide artistic expression, community engagement and leadership opportunities.

- Youth in Government
- Leaders Club
- Youth Volunteer Corps
- Teen After School program
- Art and theater classes
- Piano and guitar lessons
- Counselors-in-training program



FOR HEALTHY LIVING

A strong community is built on strong families and wellness fostered through fitness, fun and shared interests.

Improving the community's health and well-being

FAMILY TIME

Bringing families together for shared activities.

- Adventure Guides
- Family Camp
- Parent/toddler classes
- Playgroups

HEALTH MANAGEMENT

Providing specific programs to address chronic disease management and prevention.

- LIVESTRONG® at the YMCA
- Pedaling for Parkinson's
- Moving for Better Balance
- Blood Pressure Management
- Arthritis Exercise
- Diabetes Prevention Program

SPORTS AND RECREATION

Offering healthy lifestyle activities that bring people together with shared athletic and recreational interests.

- Adult sports leagues
- Fencing
- Martial arts
- Group meditation
- Noon-time drop-in basketball
- Learning garden

FITNESS

Providing resources and guidance to maintain or improve physical activity, health and wellness.

- Group fitness classes
- Personal training
- Water activities
- Running groups



FOR SOCIAL RESPONSIBILITY

All people deserve the opportunity to discover who they are and what they can achieve.

Giving back and providing support to our neighbors

SOCIAL SERVICES

Supporting and empowering our community to make change, bridge gaps and overcome obstacles.

- Safety Around Water
- Basketball Buddies
- Open Arms Financial Assistance
- Family Feeding Centers
- Pre/post care through YCS

DIVERSITY AND INCLUSION

Welcoming and connecting diverse populations in our community.

- Global Center of Excellence
- Haiti alliance
- Latino outreach
- Inclusion specialists for camp programming

VOLUNTEERISM AND GIVING

Soliciting contributions of time, talent and treasure to support the Y's work.

- Youth and Adult Volunteer Corps
- Quilting for a Cause
- Annual campaign
- Volunteer coaches
- CIT program

ADVOCACY

Encouraging collaborations with policy makers, community leaders and public and private organizations.

- Grassroots community organizing
- Public policy



ANN ARBOR YMCA

YPSILANTI INTERNATIONAL ELEMENTARY SCHOOL:

503 Oak Street, Ypsilanti, MI 48198, before & after school care, youth and adult physical activity programs, basketball league

BEATTY EARLY LEARNING CENTER: 1661 Leforge Road, Ypsilanti, 48198, physical activity classes

EAST ARBOR ACADEMY: 6885 Merritt Road, Ypsilanti, 48197, after school classes

ERICKSON ELEMENTARY SCHOOL: 1427 Levona Street, Ypsilanti, 48198, basketball

ESTABROOK ELEMENTARY SCHOOL: 1555 West Cross Street, Ypsilanti, 48197, after school classes

FORD EARLY LEARNING CENTER: 2440 East Clark Road, Ypsilanti, 48198, physical activity classes

FORTIS ACADEMY: 3875 Golfside Road, Ypsilanti, 48197, after school classes

HOLMES ELEMENTARY: 1255 Holmes Road, Ypsilanti, 48198, after school classes

PERRY CHILD DEVELOPMENT CENTER: 550 Perry Street, Ypsilanti, 48197, physical activity classes

RIVERSIDE ARTS CENTER: 76 N Huron Street, Ypsilanti, 48197, senior physical activity classes

YPSILANTI COMMUNITY HIGH SCHOOL: 2095 Packard Road, Ypsilanti, 48197, swim lessons

ANN ARBOR YMCA: 400 West Washington Street, Ann Arbor, 48103

ALLEN ELEMENTARY SCHOOL: 2560 Towner Boulevard, Ann Arbor, 48104, physical activity classes

Serving Washtenaw and Livingston Counties

GLENCOE HILLS APARTMENTS:

2201 Glencoe Hills Drive, Ann Arbor, 48108, swim lessons

EVERGREEN APARTMENTS: 3089

Woodland Hills Drive, Ann Arbor, 48108, swim lessons

SEQUOIA PLACE: 1131 North Maple Road, Ann Arbor, 48103, senior physical activity classes

YPSILANTI SENIOR CENTER: 1015 North Congress Street, Ypsilanti, 48197

ASPEN CHASE APARTMENTS: 2960 International Drive Ypsilanti, 48197, swim lessons

GOLFSIDE LAKE APARTMENTS: 2345 Woodridge Way, Ypsilanti, 48197, swim lessons

ROUNDTREE APARTMENTS: 2835 Roundtree Boulevard, Ypsilanti, 48197, swim lessons

SCHOONER COVE APARTMENTS: 5050 Schooner Cove Boulevard, Ypsilanti, 48197, swim lessons

THE VILLAS APARTMENTS: 2129 Bynan Drive, Ypsilanti, 48197, swim lessons

YPSILANTI COMMUNITY MIDDLE SCHOOL: 235 Spencer Lane, Ypsilanti, 48198, camp

CAMP AL-GON-QUIAN: 9928 M-68, Burt Lake, MI 49717, camp

CAMP BIRKETT: 9141 Dexter Townhall Road, Pinckney, MI 48169, camp

LIGHT OF THE WORLD ACADEMY, 550 East Hamburg Street, Pinckney, MI 48169

We provide programming at these locations:

400 West Washington Street • Ann Arbor, MI 48103 • (734) 996-9622

www.annarborymca.org

