



# ANN ARBOR YMCA FAMILY POOL SCHEDULE

**WINTER 2017 JANUARY 9TH– FEBRUARY 26TH**  
 UPDATED 1/27/2017

### Building Hours

Mon. – Fri 5:30am–10pm  
 Saturday 7am–7pm  
 Sunday 7am–7pm

### Child Watch Hours

Mon. – Fri 8am–1:30pm  
 Mon. – Fri 3–8pm  
 Saturday 9am–2pm  
 Sunday 10am–2pm

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<b>5:30-9:00am</b> Open Swim	<b>5:30-9:00am</b> Open Swim	<b>5:30-9:00am</b> Open Swim	<b>5:30-9:00am</b> Open Swim	<b>5:30-9:00am</b> Open Swim	<b>7:00-8:30am</b> Open Swim
<b>9:00-10:00am</b> AOA	<b>9:00-10:00am</b> Aqua Barre	<b>9:00-10:00am</b> AOA	<b>9:00-10:00am</b> Aqua Barre	<b>9:00-10:00am</b> AOA	<b>8:30am-12:00pm</b> Swim Lessons <i>NO OPEN SWIM</i>
<b>10:30-11:30am</b> Arthritis Exercise	<b>10:00am-12:00pm</b> Swim Lessons	<b>10:30-11:30am</b> Arthritis Exercise	<b>10:00am-12:00pm</b> Swim Lessons	<b>10:30-11:30am</b> Arthritis Exercise/ Swim Lessons	<b>12:00-7:00pm</b> Open Swim
<b>11:30am-4:30pm</b> Open Swim	<b>12:00-4:30pm</b> Open Swim	<b>11:30am-12:00pm</b> Open Swim  <b>12:00-1:00pm</b> LiveSTRONG  <b>1:00-4:30pm</b> Open Swim	<b>12:00-4:30pm</b> Open Swim	<b>11:30am-12:30pm</b> Special Needs Swimming	<b>Sunday</b>  <b>7:00am-7:00pm</b> Open Swim
<b>4:30-7pm</b> Swim Lessons	<b>4:30-7pm</b> Swim Lessons	<b>4:30-7pm</b> Swim Lessons	<b>4:30-7:30pm</b> Swim Lessons	<b>12:30-4:30pm</b> Open Swim	
<b>7:00-8:30pm</b> Open Swim	<b>7:00-8:30pm</b> Open Swim	<b>7:00-8:30pm</b> Open Swim	<b>7:30-8:30pm</b> Open Swim	<b>5:00-7:00pm</b> Private lessons	
<b>8:30-10:00pm</b> Adult Swim  <i>Children under the age of 16 must be accompanied by an adult</i>	<b>8:30-10:00pm</b> Adult Swim  <i>Children under the age of 16 must be accompanied by an adult</i>	<b>8:30-10:00pm</b> Adult Swim  <i>Children under the age of 16 must be accompanied by an adult</i>	<b>8:30-10:00pm</b> Adult Swim  <i>Children under the age of 16 must be accompanied by an adult</i>	<b>7:00-10:00pm</b> Open Swim	

### SWIM LESSONS

The Ann Arbor YMCA offers a variety of classes for all ages. Join us TODAY!  
 Check out our website for class days, times, levels, and fees. Please note: We reserve the right to cancel classes when inclement weather jeopardizes the safety of our members and staff. There are no credits or refunds for cancelled classes due to inclement weather. See you in the pool soon!!

**ANN ARBOR YMCA** 400 West Washington Street, Ann Arbor, MI 48103  
 P 734-996-9622 F 734-661-8060 www.annarborymca.org  
 For more information on aquatic programs, call our aquatic director at 734-661-8050

### Swim Lesson Sessions

**Winter 1 2017:** January 9– February 26

**Spring 1 2017:** February 27– April 23  
 Registration: Member–2/15/2017  
 Non- 2/17/2017

At the ANN ARBOR YMCA we care about the safety of our young members and guests. We have swim test procedures in place to help keep the children safe in the water.

### Swim Test Policy

The ANN ARBOR YMCA requires that all children 14 years of age or younger be swim tested before being permitted to use our lap pool. Once a swim test has been completed, the swimmer's name will be logged by the lifeguard and entered into our membership base. **During each YMCA visit, swimmers who have passed the test MUST pick up a GREEN wristband from the lifeguard office prior to entering the pool for the day.**

**Lap Pool Swim Test-** Swim 1 lap (50 yards), and tread water for 30 seconds. The swim must be a competitive stroke, in good form. "Doggie paddling" does not count. Swim tests are at the lifeguard's discretion. If for any reason the lifeguard feels a swimmer is unsafe, he/she may be asked to re-take the test. Anybody of ANY AGE can be asked to take the swim test for the safety of all patrons.

### Family Pool Open Swim Policy

1. All children ages 7 years–14 years of age who have not taken the swim test **MUST** wear a **RED** band at all open swim times while in the family pool.
2. All Children 6 years of age or younger must be accompanied in the water by a parent or guardian 16 years or older.
3. Red bands are available on the pool deck.

**Please return all bands to the pool deck or Member Services desk before leaving the building.**

### Life Jackets

Only U.S. Coast Guard approved flotation devices are permitted during open swim. Life jackets are available at the Y if your child needs one, just ask