



ANN ARBOR YMCA LAP POOL SCHEDULE

SAFETY AROUND WATER WEEK 2017: JUNE 19TH– 25TH

Updated 6/15/2017

Building Hours
 Mon. – Fri 5:30am–10pm
 Saturday 7am–7pm
 Sunday 7am–7pm

Monday

5:30–8:45am
Lap Swim

8:45–11:00am
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

11:15am–1:45pm
Lap Swim

1:45pm–7:15pm
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

7:15pm–10pm
Lap Swim

Tuesday

5:30–8:45am
Lap Swim

8:45–11:00am
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

11:15am–1:45pm
Lap Swim

1:45pm–7:15pm
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

7:15pm–10pm
Lap Swim

Wednesday

5:30–8:45am
Lap Swim

8:45–11:00am
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

11:15am–1:45pm
Lap Swim

1:45pm–7:15pm
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

7:15pm–10pm
Lap Swim

Thursday

5:30–8:45am
Lap Swim

8:45–11:00am
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

11:15am–1:45pm
Lap Swim

1:45pm–7:15pm
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

7:15pm–10pm
Lap Swim

Friday

5:30–8:45am
Lap Swim

8:45–11:00am
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

11:15am–1:45pm
Lap Swim

1:45pm–7:15pm
SAW
(3 Lanes)
Lap Swim
(3 Lanes)

7:15pm–10pm
Lap Swim

Saturday

7:00am–8:00 AM
Lap Swim

8:00am–11:00am
SWIM MEET
BOTH POOLS
CLOSED

11:00am–7:00pm
Lap Swim

Sunday

7:00am–7:00pm
Lap Swim

Lap Swim Etiquette

CARING– For everyone’s safety: We request that upon entering an occupied lane, please make sure the other swimmer(s) are aware that you will be sharing the space.

HONESTY– Choose the lane that best fits your swimming ability and speed before entering the water.

RESPECT– Be patient and respectful of others.

RESPONSIBILITY– Circle swim (counter clockwise) when there are more than two swimmers per lane.

Enjoy your workout!! When we work together, lap swimming can be a wonderful and rewarding experience for all.

Private lessons/ Lifeguard Training
 We reserve the right to conduct private lessons, lifeguard training and safety drills at any time.

