

Behavior Guidelines:

Child Watch uses positive guidance methods including: Reminders, distractions, logical consequences and redirection to encourage appropriate behavior. Depending on the severity of the behavior, the YMCA reserves the right to utilize these guidelines in any order:

1. Staff will redirect the child and discuss appropriate behavior.
2. Child will be encouraged to take “personal time” to regain composure and/or discuss other choices for behavior.
3. If a third reminder is given, a Child Watch Staff Member will write an incident report. A copy will be shared with the parent/adult who picks the child up that day.
4. If a child receives three written incident reports in any calendar year, the child will be asked to not return to the Child Watch program for a period of time determined by the Family and Youth Program Coordinator.
5. If a child returns to the program and receives a fourth written incident report, the Family and Youth Program Coordinator will notify the parent. After this report, the child will be dismissed from Child Watch indefinitely.
6. If the severity of a problem is great enough after the first incident and the Family and Youth Program Coordinator consults with a YMCA Program Director, suspension from the program will be effective immediately without following the above steps.

Convenient Hours:

Child Watch is open on the following days/times Labor Day-Memorial Day:

Monday-Friday: 8:00 a.m.-1:30 p.m.

Monday-Friday: 3:00-8:00 p.m.

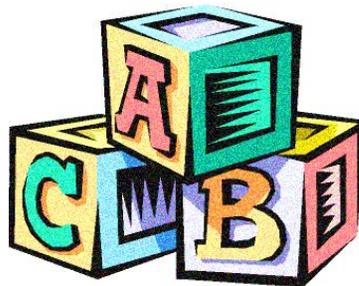
Saturdays: 9:00 a.m.-2:00 p.m.

Sundays: 10:00 a.m.-2:00 p.m.

*Child Watch reserves the right to close early and hours may change due to Holidays.

Questions? Please contact Edy Henderson, Youth and Family Program

Coordinator at ehenderson@annarborymca.org or 734.661.8045



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLAY
GROW
THRIVE



Ann Arbor YMCA Child Watch Parent Packet



[Welcome:](#)

Welcome to Child Watch Program! More than ever, busy parents need support. When parents come to the Y for a class, group activity or workout, their kids need a safe, enriching environment where they can build healthy, trusting relationships with other kids and adults. At Child Watch, children ages 4 months to 11 years' old play and participate in group activities under the supervision of caring, trained Y staff. At the same time, their parents can relax, connect with other Y Members and enjoy healthy activities at the Y.

Child Watch is available free of charge to children whose parents have a family membership here at the Y. Parents may leave their children at Child Watch for a maximum of two hours per day and must be in the Ann Arbor YMCA facility while their children are in Child Watch.

[Safe Beginnings:](#)

We put safety first with a sign in/sign out procedure that we practice at all times. We ask that parents scan their child's Y scan tag in Child Watch for every visit. Children then need to be signed in by a parent/guardian each time they visit Child Watch. Whoever signs the child in must be the person picking up the child, unless alternate plans have been arranged with Child Watch staff *prior* to pick up time. If someone else will be picking up your child, THEY MUST BRING A PHOTO ID.

[About the Child Watch Staff:](#)

Our goal is to provide a nurturing and developmentally appropriate environment for your child while you are at the Y. Child Watch staff members are certified in CPR and First Aid. All staff exhibit personal qualities that exemplify the YMCA character values of honesty, caring, respect, and responsibility.

[Shoe Policy:](#)

As a measure to ensure safety, all children except for pre-walkers (babies) *must* wear shoes during their time in Child Watch. It is highly recommended that parents bring a dry, second pair of shoes if your child is wearing boots. Pre-walkers must wear socks.

[Waiting Lists:](#)

A waiting list will be introduced when Child Watch reaches maximum capacity. Parents will be given the opportunity to add their name to the waiting list and participants will be contacted in chronological order. When it is particularly busy, Child Watch will page you at your written estimated return time so always give yourself adequate time to use the facility.

[Keeping Kids Healthy:](#)

To keep a clean and healthy environment for our children and staff, we ask that you do not bring your child to Child Watch if they are sick or displaying any sign of illness. **Please do not bring your child in if they have the following symptoms:**

- Fever of higher than 99°F
- Vomiting or diarrhea
- Unusual spots or rashes and other infectious illnesses

If your child has experienced any of these symptoms, they are not permitted in Child Watch until 24 hours after these symptoms have stopped, or if you have written consent from your doctor that your child is not contagious. Child Watch reserves the right to page parents for pick-up should a child display any of these symptoms.

[Your Child's Comfort:](#)

[FOOD:](#)

Children should be sufficiently fed prior to their arrival at Child Watch. For safety reasons, no food or dairy products are permitted in Child Watch. Y staff are also not permitted to bottle feed infants or children while they are in Child Watch. Closed drink containers with juice or water are permitted, but they must be labeled with the child's name. We ask that children *not* come in with chewing gum or any kind of hard candy.

[CRYING:](#)

Please listen to all pages and announcements from the Y's public-address system. Should your child become upset and remain upset for more than 15 minutes, the Child Watch staff will page you over the intercom. Pacifiers and car seats are encouraged for infants; however, **pacifiers must be attached to children with clips.**

[DIAPERS:](#)

Please be sure that your child has on a clean diaper when you sign them in to Child Watch. Child Watch is not a licensed day care Facility and therefore we cannot change diapers. You will be paged if your child needs a diaper change. Child Watch offers a changing table for your convenience. All diaper changing supplies (including wipes and diapers) are the responsibility of the parent/guardian.

[Special Accommodations:](#)

Parents are asked to clearly communicate any special circumstances or accommodations that their child needs prior to leaving them in Child Watch. Our staff will make every effort to accommodate the child's needs. We recommend that a parent sit down for a conference with the Family and Youth Program Coordinator prior to the first visit to ensure a successful partnership between the staff and family.

