

WELLNESS FLOOR GUIDELINES



Thank you for leaving cell phone conversations outside the Wellness Floor. Feel free to use your cell phone in the downstairs lobby.



When playing music on your electronic device, please use headphones or ear buds at all times.



Your comfort is important. Please wear clothing that fully covers your chest and back. Please refrain from wearing clothing with offensive language or controversial slogans.



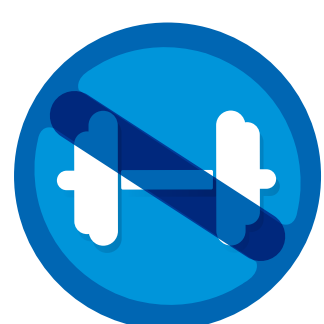
Please wear close-toed athletic shoes with non-marking soles.



This is a spill-safe zone. Please use water bottles made of non-breakable material.



Your health matters. Please wipe off equipment after each use. Towels and disinfectant are available at several stations on the Wellness Floor for your convenience.



Your safety matters. Please do not drop weights, and limit their use to the free-weight area of the Wellness Floor. Please return all equipment to its original location for the convenience of others.



Thank you for being courteous. Cardio machines may be used for up to 45 minutes. Please use the sign-up boards before using machines.