



# ANN ARBOR YMCA LAP POOL SCHEDULE

## SUMMER 2018: JUNE 25-AUGUST 19

Updated 7/5/2018

**Building Hours**  
 Mon. – Fri 5:30am-10pm  
 Saturday 7am-7pm  
 Sunday 7am-7pm

### Monday

**5:30-9:10am**  
Lap Swim

**9:15-10:30am**  
Aqua Aerobics  
(3 lanes)  
Lessons  
(3 Lanes)

**10:30am-4:30pm**  
Lap Swim

**4:30-6:15pm**  
Swim Lessons  
(4 Lanes)  
Lap Swim  
(2 Lanes)

**6:15-7:30pm**  
Barracudas/Lessons  
(5 Lanes)  
Lap Swim  
(1 Lanes)

**7:30-9:45pm**  
Lap Swim

### Tuesday

**5:30-10:00am**  
Lap Swim

**10:00am-11:00am**  
Lessons  
(2 Lanes)  
Lap Swim  
(4 Lanes)

**11:00am-2:30pm**  
Lap Swim

**2:30-3:45**  
Teen Adventure  
Camp (2 lanes)

**3:45-4:30pm**  
Lap Swim

**4:30-5:15pm**  
Swim Lessons  
(3 Lanes)  
Lap Swim  
(3 Lanes)

**5:15-7:45pm**  
Barracudas/Lessons  
(5 Lanes)  
Lap Swim  
(1 Lanes)

**7:45-9:45pm**  
Lap Swim

### Wednesday

**5:30-9:10am**  
Lap Swim

**9:15-10:30am**  
Aqua Aerobics  
(3 lanes)  
Lessons  
(3 Lanes)

**10:30am-4:30pm**  
Lap Swim

**4:30-6:15pm**  
Swim Lessons  
(4 Lanes)  
Lap Swim  
(2 Lanes)

**6:15-7:30pm**  
Barracudas/Lessons  
(5 Lanes)  
Lap Swim  
(1 Lanes)

**7:30-9:45pm**  
Lap Swim

### Thursday

**5:30-10:00am**  
Lap Swim

**10:00am-4:30pm**  
Lap Swim

**4:30-5:15pm**  
Swim Lessons  
(3 Lanes)  
Lap Swim  
(3 Lanes)

**5:15-7:45pm**  
Barracudas/Lessons  
(5 Lanes)  
Lap Swim  
(1 Lanes)

**7:45-9:45pm**  
Lap Swim

### Friday

**5:30-9:10am**  
Lap Swim

**9:15-10:30am**  
Aqua Aerobics  
(3 lanes)  
Lap Swim  
(3 Lanes)

**10:30am-5:15pm**  
Lap Swim

**5:15-6:15pm**  
Barracudas  
(3 lanes)  
Lap Swim  
(3 Lanes)

**6:15-9:45pm**  
Lap Swim

### Saturday

**7:00-8:15am**  
Lap Swim

**8:15-9:00am**  
Swim Lessons  
(2 lanes)  
Lap Swim  
(4 Lanes)

**9:00am-1:00pm**  
Swim Lessons  
(4 Lanes)  
Lap Swim  
(2 Lane)

**1:00-6:45pm**  
Lap Swim

**Sunday**

**7:00am-3:00pm**  
Lap Swim

**3:00-5:00pm**  
Family Swim  
(Lanes 5 & 6)  
Lap Swim  
(Lanes 1-4)

**5:00pm-6:45pm**  
Lap Swim

## Lap Swim Etiquette

**CARING-** For everyone's safety: We request that upon entering an occupied lane, please make sure the other swimmer(s) are aware that you will be sharing the space.

**HONESTY-** Choose the lane that best fits your swimming ability and speed before entering the water.

**RESPECT-** Be patient and respectful of others.

**RESPONSIBILITY-** Circle swim (counter clockwise) when there are more than two swimmers per lane.

Enjoy your workout!! When we work together, lap swimming can be a wonderful and rewarding experience for all.

**Pool shutdown dates:**  
**August 18th at 1pm-**  
**September 2nd 2018**  
 (Tentative re-open date)

**Members will have pool access at the city pools during pool shutdown.**

