



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FRIENDS FOREVER

**Adventure Guides Program for
grades K-5
ANN ARBOR YMCA**



**You and your child are invited to an informational meeting on
Tuesday September 18, 6:30-7:30 pm
at the Y: 400 West Washington Street, Ann Arbor 48103**

FRIENDS FOREVER

Adventure Guides launches parents and children in kindergarten through fifth grade on a journey of discovery, creating meaningful opportunities for one-on-one time, sharing experiences that lead to a better understanding of each other and building a closer relationship. Participating in planned activities with groups of other parents and children, your child will learn leadership skills and make new friends. Together, you will build lifetime bonds and create lasting memories.

OBJECTIVES:

- Foster friendship and understanding and set a foundation for positive, lifelong relationships between parent and child.
- Build a sense of self-esteem and personal worth.
- Expand awareness of spirit, mind, and body.
- Provide a framework to meet a mutual need for spending enjoyable, constructive, and quality time together.
- Enhance the quality of family time.
- Emphasize the vital role that parents play in the growth and development of their children.
- Offer an important and unique opportunity to develop and enjoy volunteer leadership skills.

PROGRAM OVERVIEW

Who Can Participate

Adventure Guides is open to parents plus their children going into kindergarten through fifth grade. At the Y, we welcome all families. We define the term parents broadly to include all adults with primary responsibility for raising children: biological parents, adoptive parents, guardians, stepparents, grandparents raising children, or any other type of parenting relationship. All are welcome and encouraged to be guides in raising children for whom they are responsible or to whom they have committed to being a positive adult role model.

Program Structure

With the Parent as the Guide and child as the Explorer, the pairs will join together with other Parent-Child pairs to form a Circle. Each Circle has a volunteer Circle Navigator to help coordinate Circle Meetings and activities. Multiple Circles form an Expedition, with an Expedition Navigator to help coordinate Expedition activities. All Expeditions make up the Federation of Ann Arbor YMCA Adventure Guides.



GUIDE: Parent

EXPLORER: Child (ages 5–9)



CIRCLE: Group of 8–10
Guides and Explorers pairs

CIRCLE NAVIGATOR: Parent
leader and representative



EXPEDITION: Group of Circles

EXPEDITION NAVIGATOR:
Parent leader and
representative

Adventure Guides Activities

Adventure Guides typically have monthly Circle Meetings and Expedition Adventures. Circle Meetings include games, crafts, and stories while Expedition Adventures include hiking, canoeing, trips to local museums, bowling, and other local activities as decided upon by the Circle Navigators. The Adventure Guide Program runs from September 2018 through September 2019. Registration fees help pay for program supplies, Federation events, and participant gear. Expedition Adventures may have an additional cost associated.

Core Values and Compass Points

Adventure Guides learn the importance of the Y's core values—caring, honesty, respect, and responsibility. At the heart of the program are the Compass Points, which give Adventure Guides a sense of direction and an inspiration for activities:

- **Family:** Family is “true north”—the focal point of the program.
- **Nature:** The natural world and the camping experience are integral parts of the program.
- **Community:** The spirit of the program is experienced through belonging to a small Community—the Circle.
- **Fun:** Fun is the magic of the program!

Questions? Please contact Alison Lum at 734.661.8039 or email her at alum@annarborymca.org

ADVENTURE GUIDES REGISTRATION

September 2018–September 2019

Register online: <https://www.annarborymca.org/classes/school-age/adventure-guides/>
or fill out this form below:

CHILD NAME: _____

DATE OF BIRTH: ____/____/____

GENDER: _____

SCHOOL: _____

GRADE: _____

T-SHIRT SIZE: _____

2ND CHILD NAME: _____

DATE OF BIRTH: ____/____/____

GENDER: _____

SCHOOL: _____

GRADE: _____

T-SHIRT SIZE: _____

PARENT NAME: _____

DATE OF BIRTH: ____/____/____

GENDER: _____

T-SHIRT SIZE: _____

PHONE: _____

EMAIL: _____

HOME ADDRESS _____

EMERGENCY CONTACT: _____

PHONE: _____

RELATIONSHIP: _____

EMERGENCY CONTACT: _____

PHONE: _____

RELATIONSHIP: _____

PHOTOGRAPHY RELEASE

I hereby irrevocably release, consent and allow the Ann Arbor YMCA and its agents to use my child's and/or my photograph/likeness/voice, as it pertains to participation with the YMCA, in any manner for promotional efforts without expectation of any reimbursement in connection with its use.

PARENT SIGNATURE _____

LIABILITY RELEASE

I agree to assume all liability and release the YMCA from any liability for the risk of injury, illness or death on account of my child's and/or my presence in a YMCA facility or on account of my child's and my involvement in any activity at a YMCA facility or at the sponsored activity.

PARENT SIGNATURE _____

SUPERVISION STATEMENT

I understand YMCA Adventure Guides is a parent/child program and parents are responsible for providing supervision for their children at all times. A child may not participate in an Adventure Guides program or event without a parent present.

PARENT SIGNATURE _____

REGISTRATION PAYMENT

Program fees cover Sept. 2018–Sept. 2019

YMCA Members: \$50 per parent-child pair, \$15 for each additional child

Community Members: \$75 per parent-child pair, \$25 for each additional child

TOTAL AMOUNT DUE: \$ _____

Payment Via (check one)

Credit Card # _____

Name of Cardholder: _____

Expiration Date: ____/____

Check (made payable to Ann Arbor YMCA)

Cash

Send Completed Registration Packet to:

ANN ARBOR YMCA, 400 West Washington Street, Ann Arbor, Michigan 48103

P 734.996.9622

W www.annarborymca.org