



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WELLNESS FLOOR STAFF MEMBER – Ann Arbor YMCA

Location: 400 W Washington, Ann Arbor **Type:** Part-time

OUR CULTURE

Our mission and core values are brought to life by our culture. It's who we are, who we aspire to be and how we show up every day. We are cause-driven. We don't just show up, we show up with purpose. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

YOUR ROLE

We act with intentionality to connect people to our cause through our service and engagement principles. Every day we:

- **Welcome** – Smile, greet members by name and introduce ourselves.
- **Connect** – Ask questions, share a story and introduce members to other staff and members.
- **Support** – Affirm and encourage members and wish them well.
- **Invite** – Share opportunities for members to get involved and give back to the community.

LOCATIONS

We are active in several locations in Michigan including: Ann Arbor, Ypsilanti, Dexter/Pinckney and Burt Lake/Indian River.

Join us and help transform lives.

HIRING RANGE: \$9.25-\$10.00 per hour depending on experience

GENERAL FUNCTION:

- Create a welcoming and safe environment for all Y members on the wellness floor by assisting them in their use of the cardiovascular and strength equipment as they strive to achieve their health and wellness goals. Build effective, authentic relations with members; help them connect with each other and the Y. Demonstrate appropriate use of equipment, clearly explains equipment usage to members and works at a skill level appropriate for the member. Accurately adjusts machine settings to fit members and follows up with members as needed for further wellness education.

REQUIREMENTS:

- High school diploma or equivalent is required.
- Ability to relate to Y members in a positive manner.
- Must be a highly-motivated person with leadership ability and strong organizational and interpersonal skills.
- Ability to communicate and listen effectively as well as a willingness to learn.
- Thorough knowledge of exercise science is ideal.
- Read and respond to all YMCA communication including but not limited to email.
- Multi-lingual ability is preferred.

APPLICATION DEADLINE: Ongoing

APPLICATIONS TO: Emily Fransen

EFransen@AnnArborYMCA.org

Please submit Employment Application.

ANN ARBOR YMCA BENEFITS:

Individual membership

Program/Child care/Camp fee reduction

Go!Pass for AATA

CERTIFICATIONS:

- Currently certified in CPR and AED or obtain within 60 days of hire with eventual Instructor Certification.

FULL JOB DESCRIPTION IS AVAILABLE UPON REQUEST.