



ANN ARBOR YMCA FAMILY POOL SCHEDULE

WINTER 1 2019: JANUARY 7 – FEBRUARY 24
 UPDATED 1/4/2019

Building Hours
 Mon. – Fri 5:30am–10pm
 Saturday 7am–7pm
 Sunday 7am–7pm

Child Watch Hours
 Mon. – Fri 8am–1:30pm
 Mon. – Fri 3–8pm
 Saturday 9am–2pm
 Sunday 10am–2pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-9:00am Open Swim	5:30-10:00am Open Swim	5:30-9:00am Open Swim	5:30am-4:30pm Open Swim	5:30-9:00am Open Swim	7:00-9:00am Open Swim
9:00-10:00am AOA (Deep End) Open Swim (Shallow End)		9:00-10:00am AOA (Deep End) Open Swim (Shallow End)		9:00-10:00am AOA (Deep End) Open Swim (Shallow End)	9:00am-1:00pm Swim Lessons (Deep End) Limited Open Swim (Zero Depth ONLY)
10:30-11:30am Arthritis Exercise (Deep End) Open Swim (Shallow End)	10:00am-12:00pm Swim Lessons (Deep End) Open Swim (Shallow End)	10:30-11:30am Arthritis Exercise (Deep End) Open Swim (Shallow End)		10:00-11:30am Arthritis Exercise (Deep End at 10:30) Swim Lessons (Shallow End until 11)	1:00-6:45pm Open Swim
				NO OPEN SWIM from 10:00-11:00	
11:30am-4:30pm Open Swim	12:00-4:30pm Open Swim	11:30am-4:30pm Open Swim		11:30am-12:30pm AAPS	
4:30-7:00pm Swim Lessons (Deep End) Open Swim (Shallow End)	4:30-7:45pm Lessons/Pre/Postnatal (Deep End) Open Swim (Shallow End)	4:30-7:00pm Swim Lessons (Deep End) Open Swim (Shallow End)	4:30-7:45pm Lessons/AquaDance (Deep End) Open Swim (Shallow End)	12:30-9:45pm Open Swim	Sunday 7:00am-6:45pm Open Swim
7:00-9:45pm Open Swim	7:45-9:45pm Open Swim	7:00-9:45pm Open Swim	7:00-9:45pm Open Swim		

SWIM LESSONS

The Ann Arbor YMCA offers a variety of classes for all ages. Join us TODAY!
 Check out our website for class days, times, levels, and fees. Please note: We reserve the right to cancel classes when inclement weather jeopardizes the safety of our members and staff. There are no credits or refunds for cancelled classes due to inclement weather. See you in the pool soon!!

ANN ARBOR YMCA 400 West Washington Street, Ann Arbor, MI 48103
 P 734-996-9622 F 734-661-8060 www.annarborymca.org
 For more information on aquatic programs, call 734-661-8020

Swim Lesson Sessions

Winter 1 2019: January 7 - February 24
 Member registration: December 19
 Non-Mem Registration: December 21
 Preview Begins: December 10

Spring 1 2019: February 25 - April 20
 Member registration: February 13
 Non-Mem Registration: February 15
 Preview Begins: February 4

No lessons March 24-31

At the ANN ARBOR YMCA we care about the safety of our young members and guests. We have swim test procedures in place to help keep the children safe in the water.

Swim Test Policy
 The ANN ARBOR YMCA requires that all children 14 years of age or younger be swim tested before being permitted to use our lap pool. Once a swim test has been completed, the swimmer's name will be logged by the lifeguard and entered into our membership base. **During each YMCA visit, swimmers who have passed the test MUST pick up a GREEN wristband from the lifeguard office prior to entering the pool for the day.**

Lap Pool Swim Test- Swim 1 lap (50 yards), and tread water for 30 seconds. The swim must be a competitive stroke, in good form. "Doggie paddling" does not count. Swim tests are at the lifeguard's discretion. If for any reason the lifeguard feels a swimmer is unsafe, he/she may be asked to re-take the test. Anybody of ANY AGE can be asked to take the swim test for the safety of all patrons.

Family Pool Open Swim Policy

- All children ages 7 years-14 years of age who have not taken the swim test **MUST** wear a **RED** band at all open swim times while in the family pool.
- All Children 6 years of age or younger must be accompanied in the water by a parent or guardian 16 years or older.
- Red bands are available on the pool deck.

Please return all bands to the pool deck or Member Services desk before leaving the building.

Life Jackets
 Only U.S. Coast Guard approved flotation devices are permitted during open swim. Life jackets are available at the Y if your child needs one, just ask.