

**ANN ARBOR  
YMCA DAY  
CAMPS  
2019**



**EXPLORE  
SUMMER  
TOGETHER**

**Building  
Character,  
Curiosity,  
Creativity**



[www.annarborymca.org](http://www.annarborymca.org)

## WELCOME TO THE ANN ARBOR YMCA DAY CAMPS!

The Y is a place where everyone belongs and can be themselves while engaging in new experiences, building new skills and making new friends. We are committed to providing youth with a safe and positive environment. Our well-rounded summer programs and day camps are rooted in the YMCA core values of caring, honesty, respect and responsibility while being intentional about fostering friendships, a sense of accomplishment, and belonging for all.

The Ann Arbor YMCA Day Camp team is here to cultivate your camper's curiosity and to encourage them to get outside of their comfort zone. We are dedicated to creating a space for youth to discover their passions and explore their potential.

## OUR MISSION

The Ann Arbor YMCA's mission is to put our core values of caring, honesty, respect and responsibility into action through facilities and programs that build healthy spirit, mind and body for all.

## OUR DIVERSITY AND INCLUSION STATEMENT

The Ann Arbor YMCA is made up of people of all ages and from every walk of life, working side by side to strengthen communities. Together we strive to ensure that everyone, regardless of age, race, gender, gender expression, gender identity, income, faith, sexual orientation or cultural background has the opportunity to live life to its fullest.

## GOALS FOR Y CAMPERS

- ▶ Create new friendships and experience a sense of belonging
- ▶ Engage in a wide variety of activities that inspire creativity, critical thinking and a lifelong commitment to learning
- ▶ Develop meaningful relationships with caring adults
- ▶ Become a part of a team
- ▶ Set and achieve a personal goal

## FIVE REASONS TO ATTEND Y DAY CAMP PROGRAMS

- ▶ Have fun staying active while playing games
- ▶ Make new friends
- ▶ Engage with caring staff and volunteers
- ▶ Develop new skills by trying challenging activities
- ▶ Enhance physical, social-emotional, and cognitive abilities

## WAYS TO REGISTER

- ▶ **Online:** Register at <https://annarborymca.campintouch.com/ui/forms/application/camper/App>
- ▶ **In Person:** Membership Desk of the Ann Arbor Y, 400 West Washington Street, Ann Arbor, MI, 48103
- ▶ **By Phone:** Membership Desk - 734-996-9622 or Day Camp Registrar - 734-661-8039



Online registration begins Friday, February 8th, 2019 at 6:00 a.m.

Visit [www.annarborymca.org](http://www.annarborymca.org)



## CONTACT INFORMATION

### Ann Arbor YMCA Day Camp Leadership Team

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- ▶ **Kyandé Sanders**  
Day Camp and Youth Programs Director  
Traditional & Specialty Camps  
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- ▶ **For all inquiries** regarding registration, payments, and waitlists please contact the Day Camp Registrar.  
**Email Address:** [daycamps@annarborymca.org](mailto:daycamps@annarborymca.org)  
**Phone Number:** 734-661-8039
- ▶ **For all inquiries** regarding the Open Arms Financial Assistance Program and scholarships, please contact the Financial Assistance Coordinator, Melika Belhaj.  
**Email Address:** [mbelhaj@annarborymca.org](mailto:mbelhaj@annarborymca.org)  
**Phone Number:** 734-661-8007
- ▶ **Para información en español**, contacte [daycamps@annarborymca.org](mailto:daycamps@annarborymca.org) o llame 734-661-8005.

# GENERAL INFORMATION

## DAY CAMP SCHOLARSHIPS

At the Y, we believe that every person who would like to should have the opportunity to participate in our programs. Through generous contributions to the Annual Campaign, the Ann Arbor YMCA provides financial scholarships which enable all members of the community to enjoy YMCA programs, regardless of financial capacity. Each camper will only be awarded a maximum of five weeks of scholarship. Scholarship applications are available online or at the Membership Desk. Visit <https://www.annarborymca.org/financial-assistancescholarships/> to learn more about applying for a day camp scholarship. The deadline for day camp scholarship applications is **Friday, March 15, 2019**.

## STAFFING

All staff members are selected for their maturity, dedication, enthusiasm, and desire to allow children to reach their fullest potential. We are committed to hiring a diverse and welcoming staff.

Our entire staff is CPR and First Aid-certified and participates in an intensive week-long training program which covers safety, supervision, counseling and camp procedures. Ann Arbor YMCA average counselor-to-camper ratios exceed state guidelines to ensure that your child receives the best care and attention possible. If you, or someone you know, would like to work with the Y this summer, please go to our website at <https://www.annarborymca.org/portfolio/employment/> to apply.

## REFUND AND TRANSFER POLICY

Deposits are non-refundable under any circumstances. At the time of registration, a deposit is due for each session for which the camper is registering.

**Up to three weeks** before the beginning of the specific camp session, all funds, less the deposit, are refundable and transferable within other day camp programs as space allows. This includes transfers to a new session and/or current day camp balance dues.

**Within three weeks** of the beginning of the specific camp session, all funds are non-refundable and non-transferable to a balance due or to a new registration. If a camper, without notice, does not attend a session for which they are registered, there will be no refund issued. In cases of homesickness, dismissal, or voluntary withdrawal, there will be no refund of any fees.

## PARENT HANDBOOK

A Parent Handbook will be emailed to all registered participants prior to summer and will be available for download at [www.annarborymca.org](http://www.annarborymca.org). This handbook will contain detailed information on specific day camps.

## PRE CARE AND POST CARE

Pre and Post Care gives families the option of extended care at the Ann Arbor YMCA downtown facility. Children are supervised while they play a variety of self-directed games and activities. Please note that Pre Care and Post Care are not available for Camp Birkett.

**Pre Care:** 7:30 a.m. – 8:30 a.m.

**Post Care:** 4:30 p.m. – 6:00 p.m.

**Sessions:** 1 – 11



## SAVE THE DATE:

### ► Day Camp Registration Information Session

*Monday, February 4 from 6:30 – 8:00 p.m., Ann Arbor YMCA Downtown Location*

Have your questions answered before registration opens. Spanish and English speakers will be available. Meet day camp staff, talk about the different camps the Y offers, and learn about our Open Arms Financial Assistance program.

### ► Day Camp Parent Orientation

*Tuesday, May 7 and Wednesday, May 8 from 6:30–8:00 p.m., Ann Arbor YMCA Downtown Location*

The Parent Orientation is for registered families. Parents are encouraged to attend to learn in detail about our day camp programs and logistics. Parents will have the opportunity to ask questions.

### ► Camp Birkett Open House

*Wednesday, June 5 from 5:00–7:00 p.m., Camp Birkett, 9141 Dexter–Townhall Road, Pinckney, MI 48169*

The Camp Birkett Open House is designed to give registered Birkett campers and their families a chance to see the Birkett facility before summer begins. Birkett staff will be available to answer questions, tour Camp, and get excited for the adventures to come!

### ► Healthy Kids Day

*Saturday, May 18, Camp Birkett, 9141 Dexter–Townhall Rd, Pinckney, MI, 48169*

Come to Camp Birkett for Healthy Kids Day! Healthy Kids Day is a Y-USA national initiative to improve the health and well-being of kids. Join us for a free, fun-filled day of games, crafts and snacks which are sure to get the entire family ready for a healthy and active summer.



# 2019 SUMMER CAMP SESSION DATES

Session 1..... June 17–21  
Session 2..... June 24–28  
Session 3..... July 1–3, 5\*  
Session 4..... July 8–12

Session 5..... July 15–19  
Session 6..... July 22– 26  
Session 7..... July 29– August 2  
Session 8..... August 5–9

Session 9..... August 12–16  
Session 10 ... August 19–23  
Session 11..... August 26–30

*\*Camp will meet Monday, Tuesday, Wednesday & Friday. There is no camp Thursday, July 4.*

# ANN ARBOR YMCA DAY CAMPS

The YMCA offers a wide variety of full-day and half-day camps. Campers can pursue their interests with new friends and learn new skills in a safe and fun environment. Enjoy a full-day or a combination of morning and afternoon camps filled with active games, engaging crafts, and opportunities to build friendships.

## FULL-DAY CAMPS

All full-day camps offered operate out of 400 West Washington unless noted.

### CAMP BIRKETT AGES 5-14

9141 Dexter-Townhall Road, Pinckney, Michigan, 48169

Camp Birkett is licensed by the state of Michigan and accredited by the American Camping Association. A traditional day camping program, Camp Birkett provides a full-day of enriching experiences that promote skill development, self-confidence and fun in a safe environment. With over 100 years of history, Camp Birkett has continued to offer a summer outdoors, immersed in a natural environment on the shores of Silver Lake in Pinckney. Facilities include a lake-view lodge, athletic field, gaga-pit, locker and changing rooms, archery range, waterfront swimming area, and watercraft areas.

Each week, campers participate in traditional camp activities including canoeing, swimming, arts and crafts, sports, outdoor education, and archery. Each session also has a unique theme to provide a creative spin on camp activities and create lasting memories. Camp Birkett is the ideal place to spend summer!

#### Camp Birkett – Jungle Journey

Session 1: June 17 – 21

#### Camp Birkett – To Infinity and Beyond

Session 2: June 24 – 28

#### Camp Birkett – Around the World

Session 3: July 1 – 3, 5

#### Camp Birkett – Splashtopia

Session 4: July 8 – 12

#### Camp Birkett – Wizard Week

Session 5: July 15 – 19

#### Camp Birkett – Under the Big Top

Session 6: July 22 – 26

#### Camp Birkett – Water World

Session 7: July 29 – August 2

#### Camp Birkett – Super Hero Adventures

Session 8: August 5 – 9

#### Camp Birkett – Wild West Week

Session 9: August 12 – 16

#### Camp Birkett – Birkett Olympics

Session 10: August 19 – 23

### Overnight Camp

Has your camper ever wanted to stay overnight at Camp? Or maybe your camper is gearing up for a week at an overnight resident camp? Overnight Camp is the perfect opportunity for Birkett campers to gain confidence in spending a night away from home. Experience sunset on Silver Lake, roast marshmallows for s'mores, and sleep in the Lodge. Overnights occur on Thursday evenings and are offered during Sessions 1 – 2, 4 – 9.

If your camper is registered for the Overnight, Campers will return home per usual Thursday afternoon and will be brought back to camp by a parent/guardian. We welcome you and your family to attend the Family Potluck and staff will begin signing campers in for the Overnight at 7:30pm. Camp Birkett will provide your camper breakfast, lunch, and snacks on Friday. Registration for Overnight Camp is limited, and is a separate, additional cost to the Camp tuition to be paid in full upon registration. Limited space is available for the Overnight. Registration can be completed online at the time of session registration.

## Interested in volunteering? Check out our volunteer opportunities:

### YMCA Day Camp Second Language Guide

Assist campers and families with limited English proficiency at day camp. Potentially translate day camp materials, assist with registration and day camp operations.

### YMCA Day Camp Photographer

Campers and families are looking for a way to document their summer adventures. If you are a photographer looking to gain experience this is a great way to do so. Help us capture the magic of camp.

### YMCA Day Camp Readers

Campers spend 30-minutes engaged in quiet reading. Volunteers are available to assist with reading and helping children to build confidence and attain reading goals.

### YMCA Program/Activity Specialist Volunteer

Do you have a skill or a talent that you would like to share with youth? Programs and activities may encompass many skills and talents, including but not limited to: physical activities, fine arts, outdoor education, and leadership development. Program/Activity Specialist Volunteers can create and facilitate workshops/clinics and/or assist existing summer programs.

For detailed information and more volunteer opportunities, visit our website at [www.annarborymca.org](http://www.annarborymca.org) or email [volunteer@annarborymca.org](mailto:volunteer@annarborymca.org).



## Family Potluck

Camp Birkett Family Potlucks are an opportunity for all campers and families to experience some favorite camp activities while meeting others from the Birkett community. Family Potlucks are held on Thursday evenings before the Overnight. Look for more information about the Family Potlucks in the Parent Handbook

## Bus Transportation

Bus transportation from Ann Arbor is available to and from Camp Birkett. The specific Ann Arbor departure/return location, typically an Ann Arbor elementary school and **NOT** the Ann Arbor YMCA, will be printed in the Parent Handbook. Children may be dropped off at the Ann Arbor departure/return location between 7:45 a.m. and 8:20 a.m. and picked up between 5:00 p.m. and 5:30 p.m.

Campers may also be dropped off at Camp Birkett, 9141 Dexter Townhall Road, between 9:00 a.m. and 9:20 a.m. and picked up between 4:00 and 4:20 p.m. There is no additional cost for bus transportation.

*\*All times are subject to change. Families will be notified if times change.\**

## Leader-In-Training Program

**ENTERING GRADES 7TH, 8TH OR 9TH**

For more information regarding the Leader-In-Training Program at Camp Birkett please refer to the Leadership Development Opportunities for Teens on page 14.

## EXTREME SPORTS AGES 8-11

This is a full-day, travel-based camp that takes your camper to exciting sports venues. Activities may include tubing the Argo Cascades, Wallyball, Laser Tag, Foot-Golf and more. Extreme Sports trips are complemented with other team sports throughout the week. Most trips require waivers that must be completed 14 days in advance of the first day of Camp.

**Schedule:** 8:30 a.m. – 4:30 p.m.

**Session 1:** June 17 – 21

**Session 4:** July 8–12

**Session 7:** July 29 – August 2

**Session 9:** August 12 – 16

## KIDVENTURE AGES 5-10

Kidventure Day Camp, a full-day camp experience for ages 5 – 10. Kids have fun making new friends, developing new skills, learning core values, building self-confidence, appreciating team work and growing in self-reliance. Campers will participate in a variety of indoor and outdoor activities based on weekly themes. Each week includes an all-camp field trip or a visit from a guest presenter, swimming, arts and crafts and trips to local parks.

### Kidventure – Animal Planet

**Schedule:** 8:30 a.m. – 4:30 p.m.

**Session 1:** June 17 – 21

**Kidventure – Spy Kids**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 2: June 24 – 28

**Kidventure – Super Scientists**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 3: July 1 – 3, 5

**Kidventure – Splish Splash Bash**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 4: July 8 – 12

**Kidventure – All About Art**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 5: July 15 – 19

**Kidventure – Kids’ Cook-Off**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 6: July 22 – 26

**Kidventure – Camp Olympics**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 7: July 29 – August 2

**Kidventure – Game Show Mania**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 8: August 5 – 9

**Kidventure – Blast to the Past**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 9: August 12 – 16

**Kidventure – Water Fun in the Sun**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 10: August 19 – 23

**Kidventure – Happily Ever After**

Schedule: 8:30 a.m. – 4:30 p.m.  
Session 11: August 26 – 30



**GIVE THE GIFT OF CAMP**

Every day, the Y works to ensure that everyone has the opportunity to learn, grow and thrive. Through the generous support of donors, we provide scholarship assistance to give youth the opportunity to experience camp.

Please consider making a tax-deductible charitable contribution to the Annual Campaign to help send a child to camp. To donate, visit [www.annarborymca.org/give](http://www.annarborymca.org/give). When you give to the Y, you strengthen your community.



## MORNING CAMPS

All morning camps offered operate out of 400 West Washington unless noted.

### ART EXPLORERS AGES 5-8

Cut, paste, create! Learn to sketch, paint with watercolors, make a nature collage and get covered in papier-mâché.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 11:** August 26 – 30

### ADVENTURES IN ARTS AND CRAFTS AGES 8-11

Join us as we explore different themes and artists. Campers will be introduced to a variety of art media including drawing, painting, clay creations, and more.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 5:** July 15 – 19

**Session 9:** August 12 – 16

### BASKETBALL AGES 5-11

Basketball Camp welcomes children of all skill levels. Campers will have the opportunity to develop their basketball skills and to scrimmage. Basketball activities are supplemented with other large and small group games. Campers spend time with our experienced coaches and enjoy basketball on the YMCA courts. Most importantly, campers will develop a sense of teamwork and respect for their teammates.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 1:** June 17 – 21

**Session 7:** July 29 – Aug 2

**Session 2:** June 24 – 28

**Session 9:** Aug 12 – 16

**Session 3:** July 1 – 3, 5

**Session 10:** Aug 19 – 23

**Session 5:** July 15 – 19

**Session 11:** Aug 26 – 30

**Session 6:** July 22 – 26

### CHEER AGES 5-10

This camp is perfect for kids who love to jump around and encourage a crowd! Campers will learn basic balance, coordination and agility through the sport of cheerleading. They will also participate in team-building and group games. Family and friends are encouraged to attend the final performance at 11:30 a.m. the final day of Camp..

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 8:** August 5 – 9

### COMIC BOOK ADVENTURES AGES 8-11

Campers will celebrate their favorite superheroes as well as create their own exciting crime fighters and villains. Activities include creating and sharing various comic book stories, as well as a trip to the Vault of Midnight Comic Book store here in Ann Arbor. Children will also have the opportunity to dress up as their favorite comic book character or create their own costume.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 2:** June 24 – 28

**Session 10:** August 19 – 23

### DANCE – MAKING A MUSICAL AGES 8-11

This two-week camp teaches campers new dance moves, rhythm, style and coordination as they create a routine to be performed on the final day of Camp. Campers should wear comfortable clothing and shoes each day. Family and friends are encouraged to attend the final dance performance at 11:30 a.m. on the final day of Camp.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 7 – 8:** July 29 – August 2, August 5 – 9

### DESIGN STAR AGES 8-11

Campers will create designs, patterns and beading using Velcro and fabric glues, with counselors on hand to assist with stitching using sewing machines. Families and friends are invited to attend the Runway Show at 11:30 a.m. the final day of Camp. This Camp will also include some traditional camp activities such as games and arts and craft projects.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 3 – 4:** July 1 – 3, 5 – July 8 – 12

**Session 7 – 8:** July 29 – August 2, August 5 – 9

### FISHING AGES 8-11

Explore the outdoors and get hooked on fishing. Campers will learn basic angling skills and spend time fishing in nearby lakes and ponds. During the week campers will learn to tie knots, identify different types of fish and try various fishing techniques. Each camper leaves with a starter tackle box.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 2:** June 24 – 28

**Session 5:** July 15 – 19

**Session 8:** August 5 – 9

### GOLF AGES 8-11

SNAG® Golf contains all the elements of golf but in a modified form. Falling somewhere in between miniature golf and regulation golf, SNAG® allows for full shots, pitching, chipping and putting. Suited for all new players.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 4:** July 8 – 12

**Session 10:** August 19 – 23

### GYMNASTICS AGES 5-16

YMCA Gymnastics camps combine instruction with camp songs, fun group games and activities. All camps are one-week long and all skill levels are welcome. On the first day of each session, campers will be divided into groups based on age and ability.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 1:** June 17 – 21

**Session 7:** July 29 – Aug 2

**Session 2:** June 24 – 28

**Session 9:** Aug 12 – 16

**Session 3:** July 1 – 3, 5

**Session 10:** Aug 19 – 23

**Session 5:** July 15 – 19

**Session 11:** Aug 26 – 30

**Session 6:** July 22 – 26



## SPANISH ZONE AGES 5-8

This educational camp engages young learners of all levels in Spanish language instruction through a variety of activities. Campers will become immersed in Spanish culture, language and traditions from the first Hola to the last Adiós.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 4:** July 8 – 12

**Session 6:** July 22 – 26

## TEAM SPORTS AGES 8-11

This camp keeps your child active all week with a variety of sports including basketball, football, soccer, baseball, Ultimate Frisbee and more. Throughout the day, campers will experience a variety of active large group games and individual drills focused on improving basic techniques.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 4:** July 8 – 12

**Session 8:** August 5 – 9

## TENNIS AGES 8-11

Players are taught the fundamental skills of tennis as well as the rules of the game through drills and activities. Lessons are focused on serving, stroke technique, scoring and rallies.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 2:** June 24 – 28

**Session 7:** July 29 – August 2

## THEATER AGES 8-11

This two-week theater camp will concentrate on character development, voice projection, stage presence, and other theater basics. In addition to playing theater-based games, the troupe will present a short one-act play for families and friends at 11:30 a.m. on the final day of Camp.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 1 – 2:** June 17 – 21, June 24 – 28

**Session 5 – 6:** July 15 – 19, July 22 – 26

**Session 9 – 10:** August 12 – 16, August 19 – 23

## WHIZ KIDS AGES 5-8

Whiz Kids is an achievement-based program focusing on weekly themes that help campers learn and grow. Activities are age-appropriate and designed to build self-confidence and skills. Campers will have hands-on learning experiences while also taking part in traditional camp activities including swimming, arts and crafts and group games.

### Whiz Kids – Dinosaur Detectives

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 1:** June 17 – 21

### Whiz Kids – Passport, please!

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 2:** June 24 – 28

### Whiz Kids – Time Warp

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 3:** July 1 – 3, 5

### Whiz Kids – Lego®

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 4:** July 8 – 12

**Session 7:** July 29 – August 2

### Whiz Kids – Artful Antics

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 5:** July 15 – 19

### Whiz Kids – Super Swimmers

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 6:** July 22 – 26

**Session 8:** August 5 – 9

### Whiz Kids – Inventors' Workshop

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 9:** August 12 – 16

### Whiz Kids – Mystery Mayhem

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 10:** August 19 – 23

### Whiz Kids – Barnyard Palooza

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 11:** August 26 – 30

# AFTERNOON CAMPS

All afternoon camps offered operate out of 400 West Washington unless noted.

## ACTIVE GIRLS **AGES 5-10**

Active Girls Camp allows young girls to experience a full range of specialty activities—sports, arts and crafts, cooking, science and more! Campers explore their physical capabilities and are encouraged to be active for a lifetime. Counselors will lead activities that develop a sense of empowerment – from character-building games and team-building sports to mindful activities.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 1:** June 17 – 21      **Session 7:** July 29 – Aug 2

**Session 2:** June 24 – 28      **Session 8:** Aug 5 – 9

**Session 3:** July 1 – 3, 5      **Session 9:** Aug 12 – 16

**Session 4:** July 8 – 12      **Session 10:** Aug 19 – 23

**Session 5:** July 15 – 19      **Session 11:** Aug 26 – 30

**Session 6:** July 22 – 26

## ALL-STAR SPORTS **AGES 5-7**

This is a great camp for younger campers who want to try a variety of sports including basketball, soccer, baseball and flag football. YMCA camp counselors help develop basic skills and lead organized scrimmages and games. Throughout the week campers will also experience a variety of active, large-group games designed to enhance teamwork skills.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 2:** June 24 – 28      **Session 8:** August 5 – 9

**Session 6:** July 22 – 26      **Session 11:** August 26 – 30

## BASEBALL **AGES 8-11**

Campers will be placed in groups according to age and skill level and will be introduced to game strategy, scoring, batting techniques and fielding play. Campers will take part in daily batting practice using our automatic pitching machine, and instructors will teach game fundamentals and lead organized games.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 2:** June 24 – 28

**Session 10:** August 19 – 23

## BOWLING **AGES 8-11**

Campers increase their skill while having fun through instruction, games and bowling workshops. Campers learn the basics of bowling, scorekeeping, good sportsmanship and team ethics. All necessary equipment and shoes are provided. Remember to pack socks.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 1:** June 17 – 21

**Session 4:** July 8 – 12

**Session 7:** July 29 – August 2

**Session 9:** August 12 – 16



## FIELD HOCKEY **NEW! AGES 9-12**

Open to both experienced and those new to the game. Field Hockey camp combines both team and individual drills to help teach the basic fundamentals, strategies and rules of the game. Equipment provided by the Y. Mouthguards are required.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 6:** July 22 – 26

## FIT KIDS **AGES 5-8**

Fit Kids Camp provides engaging activities that promote healthy living for campers ages 5–8. Campers will participate in age-appropriate activities that make physical activity and healthy habits fun. In addition to being active, campers will also participate in weekly nutrition lessons.

### Fit Kids – Sports Extravaganza

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 1:** June 17 – 21

### Fit Kids – Super Hero Academy

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 2:** June 24 – 28

### Fit Kids – Minute to Win It

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 3:** July 1 – 3, 5

### Fit Kids – Fit Kids Olympics

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 4:** July 8 – 12

### Fit Kids – Swim, Swim, Swim

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 5:** July 15 – 19

### Fit Kids – Boogie Wonderland

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 6:** July 22 – 26

**Fit Kids – Under the Big Top****Schedule:** 12:30 p.m. – 4:30 p.m.**Session 7:** July 29 – August 2**Fit Kids – Exploring We Will Go****Schedule:** 12:30 p.m. – 4:30 p.m.**Session 8:** August 5 – 9**Fit Kids – Wacky Water****Schedule:** 12:30 p.m. – 4:30 p.m.**Session 9:** August 12 – 16**Fit Kids – American Ninja Warrior****Schedule:** 12:30 p.m. – 4:30 p.m.**Session 10:** August 19 – 23**Fit Kids – Video Games Unplugged****Schedule:** 12:30 p.m. – 4:30 p.m.**Session 11:** August 26 – 30**FLAG FOOTBALL** AGES 8-11

Campers will learn the basics of throwing, passing and receiving during small-sided games and scrimmages. Campers will also learn about the traditions of football and the importance of sportsmanship and respect within the game. Mouthguards are required.

**Schedule:** 12:30 p.m. – 4:30 p.m.**Session 4:** July 8 – 12**Session 7:** July 29 – August 2**LACROSSE** NEW! AGES 9-12

This new camp is open to both those experienced and new to the sport of Lacrosse. Experienced YMCA camp counselors will teach the basic fundamentals through fun drills and small sided games. With an emphasis on learning stick skills and rules of the game, this camp is sure to be a score for campers. Equipment provided by the Y. Mouthguards are required.

**Schedule:** 12:30 p.m. – 4:30 p.m.**Session 5:** July 15 – 19**MYTH BUSTERS** AGES 8-11

Will Mentos cause a cola eruption? Can an egg really cook on the sidewalk? Is it true that dry ice can carbonate a liquid? Will these myths be confirmed, are they plausible, or are they busted? This camp will also include some traditional camp activities such as games and arts and craft projects.

**Schedule:** 12:30 p.m. – 4:30 p.m.**Session 4:** July 8 – 12**Session 9:** August 12 – 16**PRODIGY: FUN WITH PHYSICS** AGES 8-11

Campers will learn about the world of physics, and how it's used to affect the world around us. Campers will build catapults, compete in a team-building egg drop activity, construct an electrical circuit, and build and launch their own rockets! This Camp will also include some traditional camp activities such as games and arts and crafts projects.

**Schedule:** 12:30 p.m. – 4:30 p.m.**Session 2:** June 24 – 28**Session 6:** July 22 – 26**PRODIGY: YOUNG CHEMISTS** AGES 8-11

Campers will learn about famous chemists in a fun, hands-on learning environment. Campers will make homemade ice cream, a solar powered cooker, their own slime and crystal decorations. This camp will also include some traditional camp activities such as games and arts and crafts projects.

**Schedule:** 12:30 p.m. – 4:30 p.m.**Session 3:** July 1 – 3, 5**Session 7:** July 29 – August 2**REGISTERING FOR MORNING AND AFTERNOON CAMPS?**

Y staff ensure that campers eat their packed lunch with other campers and are safely transferred from their morning camp to their afternoon camp.



## SOCCKER AGES 5-11

Soccer camp welcomes kids of all skill levels. Coaches use a variety of drills and games to help campers improve coordination, skill and agility. Campers learn in an environment that emphasizes teamwork, positive attitudes and good sportsmanship. Shin guards and soccer cleats are required.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 1:** June 17 – 21

**Session 7:** July 29 – Aug 2

**Session 3:** July 1 – 3, 5

**Session 9:** Aug 12 – 16

**Session 5:** July 15 – 19

**Session 11:** Aug 26 – 30

## SPA RETREAT AGES 8-11

Join us for a week filled with pampering and crafts cultivating each camper's inner beauty and strength. Campers will get to make their own facial masks, bath salts, and much more! It's a true spa experience – complete with manicures, pedicures, and a pajama party on Friday.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 5:** July 15 – 19

**Session 8:** August 5 – 9

**Session 11:** August 26 – 30

## SURVIVAL AGES 8-11

Learn how to survive in the wild! Campers will have fun learning about the basics of outdoor living while developing team-building skills. Activities include shelter-building, fishing, campfire building and a scavenger hunt at the Nichols Arboretum.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 3:** July 1 – 3, 5

**Session 6:** July 22 – 26

**Session 10:** August 19 – 23

## TEAM BUILDING NERF® AGES 8-11

Your camper will have a blast as they learn to work with teammates, pursue common goals and develop leadership skills. Each day, campers will take part in missions, challenges, and games that require them to work together in the pursuit of shared goals.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 4:** July 8 – 12

**Session 8:** August 5 – 9

## TOP CHEF CHALLENGE AGES 8-11

Campers will don chef hats and develop culinary skills as we make and enjoy different dishes each day. Through visits to the local Farmers Market as well as to the Y's Learning Garden, this camp encourages kids to think about where their food comes from and how they can make healthier food choices. Learn the basics of food and kitchen safety and end the week with a Top Chef Challenge—work with a team to create a tasty dish.

**Schedule:** 12:30 p.m. – 4:30 p.m.

**Session 1:** June 17 – 21

**Session 7:** July 29 – Aug 2

**Session 3:** July 1 – 3, 5

**Session 9:** Aug 12 – 16

**Session 5:** July 15 – 19

# CAMPS FOR TEENS

## BASKETBALL AGES 12-16

Are you a teen looking to enhance your basketball skills this summer? Join us in the gym and enhance your skills and strategies of the game. Through coordinated team-building exercises, large and small group activities, and technique strengthening, participants will work with our most experienced coaches and have fun while being active.

**Schedule:** 8:30 a.m. – 12:30 p.m.

**Session 4:** July 8 – 12

**Session 8:** August 5 – 9

## BIZOLOGY AGES 12-16

This camp is for young entrepreneurs and innovative problem solvers who are intrinsically interested in learning about broad business operations. Bizology offers teens the opportunity to learn about the world of business entrepreneurship through a series of workshops, guest speakers and field experience. Participants will build on the cross-disciplinary skills necessary to build effective and efficient business-based solutions. Topics covered include management, organization, accounting, financing, marketing, effective use of social media, startup culture, networking and more.

**Schedule:** 10:00 a.m. – 3:00 p.m.

**Session 5:** July 15 – 19

**Session 9:** August 12 – 16

## CEDAR POINT ADVENTURE WEEKEND AGES 12-16

This adventure is the one for teens interested in having fun and experiencing the excitement of roller coasters and crazy rides! We will be taking a weekend-long trip filled with thrills as we visit Cedar Point, camp in a

cabin and cook outdoors. We will depart at 4:00 p.m. on Friday afternoon, set up camp, spend Saturday at Cedar Point Amusement Park and return by noon on Sunday.

**Schedule:** July 26 – 28



## YOUTH VOLUNTEER CORPS (YVC) EXPANDING HORIZONS AGES 11-17

Create social change and impact your community! The Ann Arbor YMCA's YVC is a youth-driven volunteer program for young community activists who are interested in leading social change through challenging, rewarding, and educational service-learning projects. Expanding Horizons, YVC's intensive summer program, provides young people with the opportunity to engage in four-day blocks of direct and indirect service.

YVC collaborates with community partners across Washtenaw County and Detroit. YVC is dedicated to serving the needs of the community and promoting a lifelong ethic of volunteerism and social justice.

*For more information and details on how to register, please visit our website at [www.annarborymca.org](http://www.annarborymca.org) or call (734) 661-8039.*



## MEDIA MADNESS AGES 12-16

A fun, creative, and hands-on opportunity for teens to create social change in their community through the art of video production. Participants will learn the video production process and gain skills in scripting, storyboarding, cinematography and more. Teens will discuss and identify important social issues, collaborate with community partners and create a short video that raises awareness about a topic of interest. This opportunity is made available by Community Television Network (CTN) of Ann Arbor.

**Schedule:** 9:00 a.m. – 3:00 p.m.

**Session 4:** July 8 – 12

**Session 6:** July 22 – 26

**Session 8:** August 5 – 9

## TEEN ADVENTURE AGES 12-16

Teen Adventure is a traditional full-day camp for teens to discover their passions while having fun and creating friendships. Participants will have the opportunity to enhance social skills, practice healthy lifestyles and engage with their community. Activities range from high energy games to creative arts and fun challenges that promote teen empowerment. Each day teens will travel and embark on new adventures that include river trips, local recreation areas, water parks, challenge courses, ice and roller rinks, art studios, sports-related activities and events, local entertainment and more.

**Schedule:** 8:30 a.m. – 4:30 p.m.

**Sessions:** 1 – 10

## MEMBERSHIP AT THE Y

The Y is a cause for strengthening community. With a focus on nurturing kids and teens, improving people's health and well-being, giving back and supporting our neighbors, your membership at the Y will bring about meaningful change in your life and in your community. Membership at the Y includes:

- ▶ Full access to the YMCA facility, including our pools, health and wellness area, track and gym
- ▶ Nationwide membership enables you to visit any participating YMCA in the US through your membership at the Ann Arbor Y
- ▶ **FREE** fitness orientation
- ▶ **FREE** family programs and events
- ▶ **FREE** fitness challenges to keep you motivated
- ▶ Early online registration and member rates for adult and youth classes
- ▶ **FREE** group fitness classes, including Power Lunch, Cardio Karate, Body Core,
- ▶ Early online registration and member rates for day camps and Camp Al-Gon-Quian
- ▶ Member rates for early child care, pre-K program and after school programs
- ▶ **FREE** use of Child Watch services for family members
- ▶ Access to on-site parking
- ▶ **FREE** towel service

# LEADERSHIP DEVELOPMENT OPPORTUNITIES FOR TEENS

## BABYSITTER'S BOOT CAMP **AGES 12-16**

Is your teen a babysitter? Are they interested in becoming a babysitter? Our one-week Babysitter's Boot Camp will teach the skills they need to succeed. Participants learn how to keep children of all ages safe, happy and engaged, to identify and guard against common safety hazards, as well as what to do in an emergency. Learn how to care for an infant, including techniques for diapering, feeding and calming a baby as well as entertaining children at every stage. All participants who successfully complete the program will receive an American Safety and Health Institute Child and Babysitting Safety certification.

**Schedule:** 9:00 a.m. – 12:00 p.m.

**Session 5:** July 15 – 19

**Session 6:** July 22 – 26

**Session 7:** July 29 – August 2

## LEADER IN TRAINING (LIT) PROGRAM AT CAMP BIRKETT

**ENTERING 7TH, 8TH OR 9TH GRADE**

The Leader-in-Training program allows older campers to build leadership skills and assume some counselor responsibilities while still participating in their favorite Camp Birkett activities. Through a combination of workshops, supervised opportunities with younger campers, program planning and general camp activities, participants will be exposed to the basic elements of youth development through the lens of a camp counselor. Leadership skills, teamwork, and the development of the YMCA character values of caring, honesty, respect and responsibility are emphasized. See Camp Birkett section for more information on daily schedule and transportation.

**Sessions 1 – 10**

## COUNSELOR-IN-TRAINING (CIT) PROGRAM

**ENTERING 10TH, 11TH OR 12TH GRADE**

The Counselor-in-Training program provides teens with necessary tools to become cause-driven leaders in the camp world. Participating as a CIT offers countless opportunities to interact with children, lead activities and participate in camp programs. Campers gain experience in coaching, facilitation, job skill development, career exploration and how to effectively lead others. CITs are expected to have a sincere desire to work with youth, give back to their community and build a strong work ethic. A commitment to

positive youth development and learning what it takes to be an effective camp counselor must be made apparent in the application/interview process.

The CIT program serves summer programs at the Ann Arbor Y downtown location, Camp Birkett and Ypsilanti Day Camp locations. **This program is free of charge.** An application process is required for interested participants.

Visit [www.annarborymca.org](http://www.annarborymca.org) or contact Abbey Davis at (734) 661-8012 or [adavis@annarborymca.org](mailto:adavis@annarborymca.org) for detailed information and instructions on how to apply.

*\*Participating teens are eligible to receive community service hours for active participation and full completion of program. Participants must be able to attend the program in its entirety for certification and completion requirements.*

## "ICAN BIKE" CAMP – ADAPTED CAMP PROGRAM

**AGES 8-19**

The YMCA and LightUp partners with iCanShine, a nationally recognized nonprofit organization to instruct youth with disabilities how to ride a two-wheeled bicycle independently in just five days. This skill offers participants an opportunity for additional social opportunities and the thrill independent transportation. The program is offered for youth and adolescents with disabilities. Enrollment includes a one-week long camp where participants meet daily for 75 minutes.

Requirements include: have a disability, able to walk without assistive device, willing and able to wear a properly-fitted bike helmet, able to sidestep to both sides, maximum weight of 220 pounds, minimum inseam of 20 inches.

For additional information on the camp and how to register, please contact Kyandé Sanders at (734) 661-8005 or [ksanders@annarborymca.org](mailto:ksanders@annarborymca.org) or visit the Ypsilanti Program page on our website, [www.annarborymca.org](http://www.annarborymca.org).

# 2019 DAY CAMP DATES AND PRICES



## Sessions & Programs

LEGEND: All open sessions are indicated in white:

Unavailable sessions are indicated in gray:

See Session 3 note at bottom:

CAMP	AGE	SESSIONS											FEE		
<b>FULL DAY CAMPS</b>		<b>AGE</b>	<b>1</b>	<b>2</b>	<b>3*</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>Y MEMBER</b>	<b>COMM. MEMBER</b>
Camp Birkett	5-12			*										\$270	\$305
Camp Birkett LIT	12-14			*										\$270	\$305
Extreme Sports	8-11													\$270	\$305
Kidventure	5-10			*										\$260	\$285
<b>MORNING CAMPS</b>		<b>AGE</b>	<b>1</b>	<b>2</b>	<b>3*</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>Y MEMBER</b>	<b>COMM. MEMBER</b>
Art Explorers	5-8													\$130	\$145
Adventures in Arts and Crafts	8-11													\$130	\$145
Basketball	5-7			*										\$130	\$145
Basketball	8-11			*										\$130	\$145
Cheer	5-10													\$130	\$145
Comic Book Adventures	8-11													\$130	\$145
Dance: Making a Musical	8-11													\$255	\$280
Design Star	8-11			*										\$255	\$280
Fishing	8-11													\$140	\$160
Golf	8-11													\$130	\$145
Gymnastics	5-16			*										\$130	\$145
Spanish Zone	5-8													\$130	\$145
Team Sports	8-11													\$130	\$145
Tennis	8-11													\$130	\$145
Theater	8-11													\$255	\$280
Whiz Kids	5-8			*										\$130	\$145
<b>AFTERNOON CAMPS</b>		<b>AGE</b>	<b>1</b>	<b>2</b>	<b>3*</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>Y MEMBER</b>	<b>COMM. MEMBER</b>
Active Girls	5-10			*										\$130	\$145
All-Star Sports	5-7													\$130	\$145
Baseball	8-11													\$130	\$145
Bowling	8-11													\$130	\$145
Field Hockey	9-12													\$130	\$145
Fit Kids	5-8			*										\$130	\$145
Flag Football	8-11													\$130	\$145
Lacrosse	9-12													\$130	\$145
Myth Busters	8-11													\$175	\$200
Prodigy: Fun with Physics	8-11													\$175	\$200
Prodigy: Young Chemists	8-11			*										\$175	\$200
Soccer	5-7			*										\$130	\$145
Soccer	8-11			*										\$130	\$145
Spa Retreat	8-11													\$175	\$200
Survival	8-11			*										\$175	\$200
Team Building NERF®	8-11													\$130	\$145
Top Chef	8-11			*										\$175	\$200
<b>TEEN SUMMER PROGRAMS</b>		<b>AGE</b>	<b>1</b>	<b>2</b>	<b>3*</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>Y MEMBER</b>	<b>COMM. MEMBER</b>
Babysitter's Boot Camp	12-16													\$130	\$145
Basketball	12-16													\$130	\$145
Bizology	12-16													\$200	\$220
Media Madness	12-16													\$200	\$220
Teen Adventure	12-16			*										\$230	\$250
Cedar Point Adventure Weekend	12-16													\$275	\$295
						July 26-28, 2019									
<b>ADDITIONAL</b>		<b>AGE</b>	<b>1</b>	<b>2</b>	<b>3*</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>Y MEMBER</b>	<b>COMM. MEMBER</b>
Birkett Overnight	5-14													\$65	\$75
Pre Care	5-16													\$25	\$30
Post Care	5-16													\$40	\$45

### Session Dates

Session 1 ..... June 17-21	Session 7 ..... July 29-Aug 2
Session 2 ..... June 24-28	Session 8 ..... Aug 5-9
Session 3 ..... July 1-3, 5*	Session 9 ..... Aug 12-16
Session 4 ..... July 8-12	Session 10 ..... Aug 19-23
Session 5 ..... July 15-19	Session 11 ..... Aug 26-30
Session 6 ..... July 22-26	

\*Camp will meet Monday, Tuesday, Wednesday & Friday. There is no camp Thursday, July 4.

### \*Session 3 Note

Session 3 is only 4 days due to 4th of July vacation. Prorated fees as follows:

CAMP	Y MEMBER	COMM. MEMBER
Active Girls	\$110	\$120
Basketball	\$110	\$120
Camp Birkett	\$215	\$245
Design Star	\$230	\$255
Fit Kids	\$110	\$120
Gymnastics	\$110	\$120
Kidventure	\$210	\$230
Pre Care	\$20	\$25

CAMP	Y MEMBER	COMM. MEMBER
Prodigy-Young Chemists	\$140	\$160
Post Care	\$30	\$35
Soccer	\$110	\$120
Survival	\$140	\$160
Teen Adventure	\$185	\$200
Whiz Kids	\$110	\$120



**ANN ARBOR YMCA**  
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## CAMP AL-GON-QUIAN

Are you ready for the full overnight camp experience? Camp Al-Gon-Quian (AGQ) is the Ann Arbor YMCA's residential summer camp located on Burt Lake in northern Michigan, a 3.5 hour drive north of the Ann Arbor YMCA.

AGQ offers one and two-week sessions for all genders, ages 8 – 16, as well as a Mini Camp, ages 6 – 9, and Leaders-in-Training Programs (entering 10th or 11th grade).

Camp Al-Gon-Quian, established in 1925, spans 160 acres and offers dozens of activities including sailing, archery, woodshop, and outdoor education. Campers bunk in semi-rustic cabins with role model counselors who facilitate a transformative camp experience focused on youth development principles.

### Camp AGQ Summer 2019 Session Dates:

- ▶ Session 1 ..... Saturday, June 22 – Saturday, June 29
- ▶ Session 2\* ..... Saturday, June 29 – Saturday, July 13
- ▶ Session 3\* ..... Saturday, July 13 – Saturday, July 27
- ▶ Session 4\* ..... Sunday, July 28 – Sunday, August 11
- ▶ Session 5 ..... Sunday, August 11 – Sunday, August 18
- ▶ Session 6 ..... Sunday, August 18 – Sunday, August 25
- ▶ Mini Camp ..... Sunday, August 18 – Wednesday, August 21

\*LIT Program offered during this session



To find out more information about Camp AGQ or how to register, visit [annarborymca.org](http://annarborymca.org) and click 'Camp Al-Gon-Quian' under the Camps & Child Care section. We hope to see your smiling faces on the shores of beautiful Burt Lake!