



ANN ARBOR YMCA FAMILY POOL SCHEDULE

FALL 1 2019: SEPTEMBER 9 - OCTOBER 27
 UPDATED 9/3/2019

Building Hours
 Mon. – Fri 5:30am–10pm
 Saturday 7am–7pm
 Sunday 7am–7pm

Child Watch Hours
 Mon. – Fri 8am–1:30pm
 Mon. – Fri 3–8pm
 Saturday 9am–2pm
 Sunday 10am–2pm

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
5:30–9:00am Open Swim	5:30–10:00am Open Swim	5:30–9:00am Open Swim	5:30am–4:30pm Open Swim	5:30–9:00am Open Swim	7:00–9:00am Open Swim
9:00–10:00am AOA (Deep End) Open Swim (Shallow End)		9:00–10:00am AOA (Deep End) Open Swim (Shallow End)		9:00–10:00am AOA (Deep End) Open Swim (Shallow End)	9:00am–1:00pm Swim Lessons (Deep End) Limited Open Swim (Zero Depth ONLY)
10:30–11:30am Arthritis Exercise (Deep End) Open Swim (Shallow End)	10:00am–12:00pm Swim Lessons (Deep End) Open Swim (Shallow End)	10:30–11:30am Arthritis Exercise (Deep End) Open Swim (Shallow End)		10:00–11:30am Arthritis Exercise (Deep End at 10:30) Swim Lessons (Shallow End until 11) NO OPEN SWIM from 10:00–11:00	1:00–6:45pm Open Swim
11:30am–4:30pm Open Swim	12:00–4:30pm Open Swim	11:30am–4:30pm Open Swim		11:30am–12:30pm AAPS	
4:30–6:15pm Swim Lessons (Deep End) Open Swim (Shallow End)	4:30–7:45pm Lessons/Pre/Postnatal (Deep End) Open Swim (Shallow End)	4:30–6:15pm Swim Lessons (Deep End) Open Swim (Shallow End)	4:30–6:45pm Swim Lessons (Deep End) Open Swim (Shallow End)	12:30–9:45pm Open Swim	
6:15–9:45pm Open Swim	7:45–9:45pm Open Swim	6:15–9:45pm Open Swim	6:45–9:45pm Open Swim		<u>Sunday</u> 7:00am–6:45pm Open Swim

At the ANN ARBOR YMCA we care about the safety of our young members and guests. We have swim test procedures in place to help keep the children safe in the water.

Swim Test Policy
 The ANN ARBOR YMCA requires that all children 14 years of age or younger be swim tested before being permitted to use our lap pool. Once a swim test has been completed, the swimmer's name will be logged by the lifeguard and entered into our membership base. **During each YMCA visit, swimmers who have passed the test MUST pick up a GREEN wristband from the lifeguard office prior to entering the pool for the day.**

Lap Pool Swim Test– Jump into the deep end, swim 1 lap (50 yards), and tread water for 30 seconds. The swim must be a competitive stroke, in good form. "Doggie paddling" does not count. Swim tests are at the lifeguard's discretion. If for any reason the lifeguard feels a swimmer is unsafe, they may be asked to re-take the test. Anybody of ANY AGE can be asked to take the swim test for the safety of all patrons.

- Family Pool Open Swim Policy**
1. **All children ages 7 years–14 years of age who have not taken the swim test MUST wear a RED band at all open swim times while in the family pool.**
 2. All Children 6 years of age or younger must be accompanied in the water by a parent or guardian 16 years or older.
 3. Red bands are available on the pool deck.

Please return all bands to the pool deck or Member Services desk before leaving the building.

Life Jackets
 Only U.S. Coast Guard approved flotation devices are permitted during open swim. Life jackets are available at the Y if your child needs one, just ask.

Swim Lesson Sessions

Fall 1 2019: September 9–October 27
 Member registration: August 28
 Non-Mem Registration: August 30
 Preview Begins: August 19

Fall 2 2019: October 28–December 22
 Member registration: October 16
 Non-Mem Registration: October 18
 Preview Begins: October 7

No lessons November 25–December 1

SWIM LESSONS
 The Ann Arbor YMCA offers a variety of classes for all ages. Join us TODAY!
 Check out our website for class days, times, levels, and fees. Please note: We reserve the right to cancel classes when inclement weather jeopardizes the safety of our members and staff. There are no credits or refunds for cancelled classes due to inclement weather. See you in the pool soon!!

ANN ARBOR YMCA 400 West Washington Street, Ann Arbor, MI 48103
 P 734-996-9622 F 734-661-8060 www.annarborymca.org
 For more information on aquatic programs, call 734-661-8020