



# PLAY GROW THRIVE

Child Watch  
ANN ARBOR YMCA

## Convenient Hours:

Child Watch is open on the following days/times:

Labor Day through-May 30 (Fall, Winter, Spring):

Monday – Friday 8am-1:30 pm and 3:00 pm-8:00 pm

Saturday 9 am-2 pm

Sunday 10 am – 2 pm

May 31 through Labor Day (Summer):

Monday-Friday 8:30 am-1 pm and 3 pm-7 pm

Saturday 9 am-1 pm

Sunday 10 am-2 pm

Questions? Please contact **Glynnette Harris**,  
Family and Youth Program Coordinator at  
[gharris@annarborymca.org](mailto:gharris@annarborymca.org) or 734.800.4293.



ANN ARBOR YMCA  
400 West Washington Street  
Ann Arbor, Michigan 48103  
(734) 996-9622

[www.annarborymca.org](http://www.annarborymca.org)



**Welcome!** More than ever, busy parents need support. When parents come to the Y for a class, group activity or workout, their kids need a safe, enriching environment where they can build healthy, trusting relationships with other kids and adults. At Child Watch, children ages 4 months to 11 years old play and participate in group activities under the supervision of caring, trained Y staff while their parents relax, connect with other Y members and enjoy healthy activities at the Y.

Child Watch is available free of charge to children whose parents hold a Family Membership at the Y. **Parents may leave their children in Child Watch for a maximum of two hours per day and must REMAIN WITHIN the Ann Arbor YMCA facility while their children are in Child Watch.**

**Safe Beginnings:** We put safety first with a sign in/sign out procedure that we always practice. Children are signed in by a parent/guardian each time they visit Child Watch. If someone else is picking up your child, they must be listed on the child's registration form, and we will **REQUIRE A PICTURE ID**. In addition, these alternate plans need to be arranged with Child Watch staff prior to pick up of your child.

**Wait List:** A waiting list will be introduced when Child Watch reaches maximum capacity of 20 children. Parents will be given the opportunity to add their name to the waiting list and members on the list will be contacted in chronological order. The two-hour maximum time limit will be strictly enforced for children already in Child Watch facility.

**Child Watch Staff:** Our goal is to provide a nurturing and developmentally appropriate environment for your child while you are at the Y. Child Watch staff members are certified in CPR and First Aid. Our staff exhibit personal qualities that exemplify the YMCA character values of honesty, caring, respect, and responsibility.

**Waiting Lists:** A waiting list will be introduced when Child Watch reaches maximum capacity. Parents will be given the opportunity to add their name to the waiting list and participants will be contacted as they come to the top of the list.

**Keeping Kids Healthy:** In order to keep a clean and healthy environment for our children and staff, we ask that you do not bring your child to Child Watch if they are sick or displaying any sign of illness. Please do not bring a child if they have the following symptoms:

- **Fever of 100° or higher within 24 hours**
- **Vomiting, sore throat, eye infection or diarrhea within 24 hours**
- **Unusual spots or rashes and other infectious illnesses**
- **Just not feeling well**

If your child has experienced any of these symptoms, they are not permitted in Child Watch until 24 hours after these symptoms have stopped, or without written consent from your doctor that your child is not contagious. Child Watch staff reserve the right to page parents for pick-up should a child display any of these symptoms. Please note: to prevent illness, all children must wear socks and/or shoes during their time in Child Watch and are encouraged to sanitize their hands before and after entering Child Watch.

## Your Child's Comfort:

**FOOD:** Children should be sufficiently fed prior to their arrival at Child Watch. For safety reasons, no food or dairy products are permitted in Child Watch. Y staff are also not permitted to bottle-feed infants or children while they are in Child Watch. Closed drink containers with juice or water are permitted, but they must be labeled with the child's name using a label provided by Child Watch staff.

**CRYING:** While in the Y facility, please listen to all pages and announcements from the Y's public address system. Should your child become upset and remain upset for more than 10-15 minutes, Child Watch staff will page you. Pacifiers and car seats are encouraged for infants. Pacifiers must be attached to children with clips.

**DIAPERS:** Please be sure your child has a clean diaper on when you sign him/her in to Child Watch. Child Watch is not a licensed day care facility, and therefore we cannot change diapers. You will be paged over the facility intercom system if your child's diaper needs to be changed. Child Watch offers a changing table for your convenience. All diaper changing supplies (including wipes) are your responsibility.

**Special Accommodations:** Please communicate any special circumstances or accommodations that your child needs prior to leaving them in Child Watch. Our staff will make every effort to accommodate those needs.

**Behavior Guidelines:** Child Watch staff use positive guidance methods including: reminders, distractions, logical consequences and redirection to encourage appropriate behavior. In the event a staff member must spend more than 10-15 minutes using any of these methods on one child, the parent or guardian will be called to pick them up immediately and an incident report will be written.

- Staff will redirect the child and discuss appropriate behavior.
- The child will be encouraged to take "personal time" to regain composure and/or discuss other choices for behavior.
- If a third reminder is given, a Child Watch Staff Member will write an incident report. A copy will be shared with the parent/adult who picks the child up.
- If a child receives three written incident reports in any calendar year, the child will be asked to not return to the Child Watch program for a period determined by the Family and Youth Program Coordinator.
- If a child returns to the program and receives a fourth written incident report, the Family and Youth Program Coordinator will notify the parent. After this report, the child will be dismissed from Child Watch indefinitely.
- If the severity of a problem is great enough after the first incident and the Family and Youth Program Coordinator consults with a YMCA Program Director, suspension from the program will be effective immediately without following the above steps.

