

Dear
Friends,

We are proud to share with you the highlights of the work of the Ann Arbor YMCA in 2009. This year ends a decade of huge change for our great organization. With the generosity and dedication of our donors, we have a new facility to provide services to over 25,000 members of the community. The increased strength of the Ann Arbor YMCA has allowed us to serve new areas of Washtenaw County, attract more volunteers and help youth and families who need us most.



In the upcoming decade, the Y will continue to provide programs and services to our communities with philanthropic efforts focused on healthy lifestyles, youth development, and social responsibility. We will continue our work to help make Washtenaw County healthier, more vibrant and ready to meet the challenges ahead.

We invite you to read the accomplishments of the Ann Arbor YMCA and hope you will join us in our work to strengthen our community.

Best wishes,

Cathi Duchon
President and CEO



We build strong kids,
strong families,
strong communities

ANN ARBOR YMCA

Today

2009 ANNUAL REPORT EDITION

As a full-time student and single dad, Craig Thomas of Ypsilanti knows how difficult it is to balance his workload and raise his four kids. He tries to keep them active with trips to museums and the beach, but still needs time for himself to study and work toward his degree in nursing through Washtenaw Community College. Last summer, his kids attended day camp programs through the Ann Arbor YMCA in Ypsilanti, and they haven't stopped since.

After attending four weeks of YMCA day camps at Prospect and Normal Parks, Thomas's 7 year-old daughter and 9-year old twin daughters enrolled in the YMCA's afterschool program at Adams Elementary. Throughout the school year the girls enjoyed basketball, soccer and cheerleading. Thomas's 11 year old son will attend Camp Al-Gon-Quian this summer.

Thomas signed his kids up for camp to keep them active, but they have found other benefits from their summer experiences. After camp last summer, Thomas saw a difference: "All of them get along better together and get along with other kids better," he says.

The Thomas kids each picked out one specialty camp at the Ann Arbor Y to attend this summer, and will fill the rest of their time with day camps in Ypsilanti. With four kids, the price can add up quickly for Thomas—but the Y's programs have allowed him to send four kids to camp for what it could cost for just one kid in other programs he has considered.

Says Thomas: "I hope they (the YMCA) have the funding to keep going. It's a real asset to the community to have something like that for the kids...the blend of all classes of kids together teaches them their friend could be poor (or be) rich, and it's so nice for them to have that blend."



2009 Review

In 2009, the Ann Arbor YMCA served our community in the following ways:

Health and Wellness

- ▶ The YMCA provided a day of fun and healthy activities to Ypsilanti residents. Over 150 local kids and their families enjoyed games, a fun run, free bike helmets and bike safety checkups at Healthy Kids Day.
- ▶ In spring of 2009, the YMCA held our second annual Y Tri, an indoor mini triathlon. This annual event brings together YMCA staff, volunteers and members in a supportive atmosphere that celebrates the abilities of a diverse group of athletes.

▶ **LiveStrong™ at the YMCA**, a fitness and support program for cancer survivors, served a total of 64 cancer survivors. Program participants gathered for a reunion at the YMCA in October 2009. In addition to making new friends, participants made significant improvements in physical strength and stamina.



Says one LiveStrong participant: "I loved the fact that there is recognition of the importance of exercise and cancer/illness prevention for the increasing numbers of cancer survivors. I commend the Y on offering this program to the community. I liked the group aspect a lot. This got me back on track to exercise! Thank you!"

Community Outreach

In 2009, YMCA programs extended to our neighboring communities, including Ypsilanti. The YMCA's goal was to help increase activity levels and reduce obesity among school-age children in Ypsilanti.

- ▶ The YMCA's summer day camp program included Ypsilanti's Recreation and Prospect Parks, where 120 children played active outdoor games and sports, made new friends, and learned the YMCA core values of honesty, caring, respect and responsibility.
- ▶ The YMCA expanded afterschool programs at Ypsilanti's Adams and Chappelle elementary schools. Over 140 children played flag football, basketball, and/or cheerleading and took part in round-robin tournaments during each sport season. The children who participated in the program became more physically active, gained self-esteem and learned how to work cooperatively with teammates.

Volunteer Programs

- ▶ Volunteers in our 2009 Strong Kids Campaign collaborated with community members to raise \$252,000. Over 560 Ann Arbor YMCA members donated to the Strong Kids Campaign in 2009 and made it possible for children and teens to enjoy life-enriching programs that their families could not otherwise afford.



As one parent wrote: "We are a very low-income family and your program makes it easier for our family to allow our children to participate in the sports. Your help makes it affordable for families such as ours. I would like to thank you from the bottom of my heart."

- ▶ Over 160 volunteer coaches led youth sports programs in both Ann Arbor and Ypsilanti. These adults helped children in these leagues build self-confidence, increase their physical activity levels and develop valuable teamwork skills.

Teen Development

The Ann Arbor YMCA's teen programs focus on the development of assets, or key building blocks that help teens develop into responsible, caring and healthy adults. The more assets teens have, the less likely they are to engage in negative, self-destructive behavior.

- ▶ The Chain of Plenty program provides valuable job training to high school students with special needs, who prepare 15,000 meals each year for patrons of the Delonis Center, a local homeless shelter. This year's eighteen participants learned how to collaborate with others and develop good work habits that help them become more confident and self-sufficient adults.

- ▶ 53 Youth in Government participants wrote their own bills and practiced debating and passing them in mock House and Senate hearings at the State Capitol. More importantly, they learned how to speak convincingly in front of their peers and work with others to resolve social issues in their communities.



Membership Development

▶ Throughout the year, the YMCA held several events to connect, entertain and energize YMCA members. Member events included an ice cream social at Camp Birkett, our fall Spooktacular, a winter Flick-n-Float, and a holiday "twelve days of fitness" program.

▶ Over 800 adults received financial assistance for their Y memberships. As one family scholarship recipient wrote: "Our 3½ year old son loves the pool and it's such a relief to have a place for him to expend his energy when it's cold outside. The classes and workout facility are helping immensely to relieve our family of the winter blues. We look forward to a time in the future when we can contribute to the YMCA so that another family in need can benefit as we have."

Summer Camps

▶ In total, over 133 children received scholarships that enabled them to take part in our Ann Arbor summer day camps. 107 children and

teens received scholarships to Camp Al-Gon-Quian, our residence camp on Burt Lake in northern Michigan.

▶ The YMCA's Camp Birkett opened a brand-new arts and crafts center and new changing and restroom facilities. Over 1000 children enjoyed outdoor games, swimming, and arts and crafts at Birkett during the summer of 2009.

▶ Camp Al-Gon-Quian added a new library, plus a reading and writing program. Campers read a wide array of books, took trips to local libraries, and launched a letter-writing campaign to a diverse group of celebrities.



2009 Financial Summary

Statement of Activity

Revenue & Public Support

Contributions	\$474,849
Grants & Contracts	49,000
Memberships	3,851,903
Program Fees	2,372,671
Merchandise Sales/Parking	189,469
Other Income	277,583

Total Revenue & Public Support \$7,215,475

Expenses

Program Services:

Membership	\$1,910,700
Childcare	585,160
Camps	1,231,440
Health & Fitness	1,235,464
Youth	328,207
Teen	201,220
Community Outreach	121,402
Total Programs Expenses	<u>\$5,613,593</u>

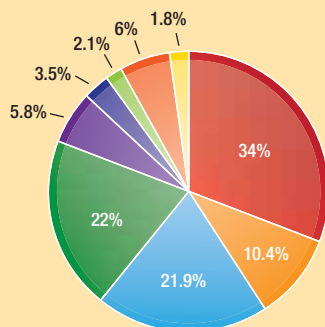
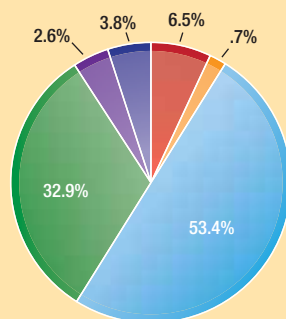
Support Services:

Management & General	371,664
Fundraising	114,851
Total Expenses	<u>\$6,100,108</u>

Increase in Net Assets \$1,115,367

Net Assets (Beginning of Year) \$18,265,269

Net Assets (End of Year) \$19,380,636



Assets

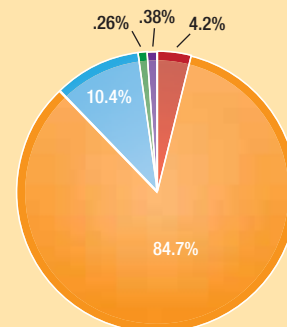
Cash and Cash Equivalents	\$1,145,041
Receivables - Net of Allowances	202,892
Investments	2,097,926
Prepaid Expenses	79,299
Property and Equipment	19,671,239
Total Assets	<u>\$23,196,397</u>

Liabilities & Net Assets

Accounts Payable	\$57,645
Accrued Liabilities	183,454
Deferred Revenue	321,123
Notes Payable	23,240
Bonds Payable	3,230,299
Total Liabilities	<u>\$3,815,761</u>
Net Assets (Detail Below)	<u>\$19,380,636</u>
Total Liabilities & Net Assets	<u>\$23,196,397</u>

Net Assets Invested in Mission

Unrestricted, Undesignated	\$822,719
Property & Equipment - Net of Related Debt	16,417,700
Capital Repairs & Replacement	2,016,659
Endowment	50,000
Temporarily Restricted	73,558
Total Net Assets	<u>\$19,380,636</u>





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Ann Arbor YMCA

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