



BUILDING BELONGING

Annual Campaign
ANN ARBOR YMCA



At the Y, we believe that **Belonging** is the currency of social capital – without it, our work to create a more just and welcoming community for all will never be realized. Our welcoming network of support helps people from all walks of life find the encouragement and tools they need to thrive not in regardless of who they are, but because of who they are. With our doors open to all, we offer a place for belonging, relationship-building and celebrating the uniqueness of every individual.

ACCESS FOR ALL

The Y is a non-profit health and human services organization committed to helping people grow in spirit, mind and body. We believe that every person should have an opportunity to participate and pursue their own personal goals regardless of skill or financial status. To ensure equitable access for all, income-based financial assistance allows everyone to access to the Y's life-changing programs and services regardless of economic barriers.

HEALTH EQUITY

Health equity is achieved when everyone has the opportunity to be as healthy as possible and no one is disadvantaged because of race, gender, socio-economics or other circumstances. The YMCA is focused on creating equitable and sustainable solutions that address both the immediate needs of the community and the systemic root causes that lead to inequalities.

HEALTHY LIVING

The YMCA aims to improve our nation's health by providing programs and activities that promote overall well-being, no matter where you are on your journey toward better health. And when people feel their best and have fulfilling lifestyles, their communities become stronger, too.

Your gift of **\$50** gives a local teen a safe place to make friends, have fun, and most importantly - **belong**.

Your gift of **\$100** supports a Parkinson's disease sufferer with two Pedaling for Parkinson's classes.

Your gift of **\$250** allows a senior to participate in a seven week session of Moving for Better Balance.

Your gift of **\$500** supports two cancer survivors through a free twelve-week program of LIVESTRONG at the YMCA.

Your gift of **\$1,000** supports active lifestyles for a entire family for a year, allowing everyone to stay healthy for years to come.

The **YMCA Annual Campaign** is a yearly fundraising effort that allows us to fully realize our mission, especially as it relates to the last two words: "for all." This annual fundraising initiative serves as the backbone of our philanthropic efforts by securing charitable gifts from the YMCA community to ensure our programs and services remain accessible. The Y recognizes the importance of accessibility and is determined to make membership and program fees affordable for everyone in our community.

Change a life and strengthen your community today by visiting www.AnnArborYMCA.org/Donate

Learn more by scanning below:

