



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA SWIM ATTIRE GUIDELINES

The Y is a place where all people of all walks of life can learn and love to swim, wearing a spectrum of colors, fabrics and accessories. Below are pool guidelines to keep all swimmers safe and keep our pools healthy.

Examples of appropriate swim attire:



Bikini's



Two Piece



One Piece



Racing Suit



Full Coverage



Rash Guard Shirt



Brief
(no thongs Permitted)



Jammers



Trunks



Disposable
Swim Diaper



Reusable
Swim Diaper

Swimwear must be clean and designated for pool use

- The YMCA does not allow swimmers of any age to enter the pool in street clothes.
- Swimmers must bring a change of clothes specifically designated for the pool use.
- Swimsuits must not be transparent.

All swimmers must take a shower before entering the water

- Taking a cleansing shower before entering the pool helps to keep dirt and germs out of the water.
- Hair products and skincare products such as lotions, cologne and make-up will cause chemical imbalances in the pools.

If you have any questions or concerns, contact our Aquatics Department at 734-661-8050